

Frederick Elderman
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SUMMARY OF QUALIFICATIONS

- Experience creating personal development plans and referring older adults to needed services
- Plan, develop, implement and deliver appropriate activities to meet the physical, social, and psychological needs of the aging population
- Exhibit behaviors and conduct that reflect safe, legal, and ethical gerontological practices
- Evaluate and advocate in the area of aging public policy
- Obtains ethical and cultural awareness related to aging
- Strong interpersonal communication skills, including written and oral

EDUCATION

Northeast Wisconsin Technical College, Green Bay, WI

Associate Degree, Gerontology

May 2025

- Relevant coursework: Intro to Gerontology, Physical Aspects of Aging, Healthy Aging, Alzheimer's & Dementia, Death and Dying, Generations & Diversity

Certification, Nursing Assistant

May 2024

WORK EXPERIENCE

Gerontology Intern

January 2025 - Present

Advocate Health Care, Green Bay, WI

- Provide guidance to facilitate interaction or services that connect people with lifelong well-being
- Guide and facilitate members and their families toward interaction with resources appropriate for the care and well-being
- Work in collaboration with a multi-disciplinary team, employing a variety of strategies, approaches and techniques to enable a member to manage their physical, environmental and psycho-social health issues
- Assess health, environment, nutrition, and psycho-social areas of concern using a variety of techniques
- Coach and problem solve with clients to identify and address specific goals to support positive health and behavior changes

Certified Nursing Assistant

May 2024 - Present

GranCare, Green Bay, WI

- Work efficiently with others; possess tact, discretion, and diplomacy
- Ability to work under stress and complete duties sometimes with numerous interruptions
- Accurately document the type of care given
- Communicate information to supervisor and coworkers
- Handled equipment used to move residents, take vital signs, and document in charts
- Ability to understand printed health-related material