



Authorizing a Medical Reduced Course Load for F-1 International Students:  
Basic Information for Medical Professionals

*Please attach your letter to this document*

- Federal Immigration Regulations (8 CFR 214.2(f)(6)(i)(B)) state that F-1 undergraduate students must complete a full course load of 12 credits per semester to maintain their legal status in the United States.
- Exceptions to the full-course of study requirement include a “student’s temporary illness or medical condition for a period of time not to exceed an aggregate of 12 months while the student is pursuing a course of study at a particular program level.” (8 CFR 214.2(f)(6)(iii)(B))
- The above-mentioned “Medical Reduced Course Load” requires documentation from a licensed medical doctor, doctor of osteopathy, or licensed clinical psychologist to the Designated School Official (DSO) to substantiate the illness or medical condition.
- **The documentation must be signed by the appropriate doctor on letterhead and specifies either part-time (less than 12 credits) or no enrollment for a given semester for the named student.** After DSO review, this documentation will be kept confidential in NWTC’s Disability Services Office.
- The NWTC International Programs Office believes keeping students connected to the College and its resources are valuable. Less than 3 credits would disqualify them from such services and detach them from the campus community.

By signing this form, I verify that I have read and understood the information provided.

\_\_\_\_\_  
Signature of Medical Professional

\_\_\_\_\_  
Date