

Door County Learning in Retirement

# 2023 SPRING COURSE CATALOG



Door County  
Learning in  
Retirement



**Online Registration**  
[nwtc.edu/LIR](http://nwtc.edu/LIR)

**Registration opens**  
December 13, 2022

**In-Person Registration Assistance**  
**By appointment**

*Mail/Drop-Off Registrations Accepted*



## NORTHEAST

WI Technical College  
— STURGEON BAY CAMPUS —

## 2022-2023 BOARD OF DIRECTORS

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Fran Uteg • 706-781-5900

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**Membership Co-Chairs**  
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Suzanne Holvenstot • 920-743-1089  
Mary Beth Williams 920-746-4070

**DCLIR Administrative Assistants**  
Joanne Hicks  
Monica Nelson

**SC111- OFFICE & CLASSROOM:**  
Closest entrance and parking is on South side of building. Handicapped spaces are available. Call the office for Wheelchair assistance.  
**Office hours –M-Th 9am-3pm**

**Door County Learning in Retirement NWTC**  
229 North 14<sup>th</sup> Avenue  
Sturgeon Bay, WI 54235

**PHONE:** 920-746-4947

**E-MAIL:** dclir@nwtc.edu

**WEBSITE:** nwtc.edu/LIR

**FACEBOOK:** facebook.com/newdclir

## WELCOME TO DOOR COUNTY LEARNING IN RETIREMENT PURSUE YOUR LOVE OF LEARNING

*Door County Learning in Retirement is dedicated to facilitating quality, lifelong learning in an open, ongoing forum for older adults in Northeastern Wisconsin. DCLIR classes are peer-led and intended to be informational and for the enjoyment of the participants. Presenters and Coordinators are volunteers.*

**DCLIR is sponsored in partnership with Northeast Wisconsin Technical College – Sturgeon Bay Campus.**

- Spring 2023 classes are available in-person and on the ZOOM platform. Access to the ZOOM link for virtual classes will be emailed to registered members prior to the start date for each class.
- Classes are held at the NWTC-Sturgeon Bay Campus unless otherwise noted in the class descriptions.

### MEMBERSHIP

- Door County Learning in Retirement is a membership-only organization. An annual membership fee of \$70 paid with Fall registration covers both Fall and Spring terms. **The Spring-only membership is \$50.** Members may register for as many classes as they wish. Classes are open to registered members only.
- Registration remains open and membership can be purchased at any time.

### REGISTRATION GUIDELINES

- Please register only for the classes you plan to attend.
- Purchase a membership, register, pay fees and manage classes online (encouraged)
- Mail or drop off registrations are accepted with the Spring-only membership fee of \$50 and any specific class fees. (If paying by check, make payable to NWTC).
- Class fees (for materials, admission to tours, etc.) are due with registration and are nonrefundable unless a replacement is found to fill the seat. Refunds are not guaranteed.
- You will receive an email of confirmation for classes in which you are enrolled. Please keep a copy of these emails. If you are on a wait list for a class, you will be contacted when a seat becomes available.

### FINANCIAL ASSISTANCE is available

Contact the DCLIR Office for scholarship information.

### Inclement Weather?

When Sturgeon Bay Public School OR NWTC classes are canceled due to inclement weather, DCLIR classes will also be canceled. Watch or listen for school closing on your local TV or radio stations or check NWTC's website at [www.nwtc.edu](http://www.nwtc.edu).

## Dear Friend of Door County Learning in Retirement,

We are pleased to present the Spring 2023 catalog of courses and the opportunity for you to participate in Door County Learning in Retirement. We are grateful that you've been able to adapt with us as we continue to provide classes in new ways during uncertain times. Thank you for the positive feedback which helps us improve our processes and serve you better.

### The Spring 2023 term offers three ways for members to participate in DCLIR classes:

- › **In-person** - providing the traditional class experience. For your safety, we continue to follow NWTC and other class venue guidelines regarding class size, social distancing, and masking. (Class locations are included with the course descriptions and on the calendar).
- › **ZOOM** - enabling members to participate in classes anywhere there is an internet connection.
- › **ZIP (Zoom or In-person)** giving members the choice to attend class in-person or online.

*We sincerely hope that you will continue to support Door County Learning in Retirement as you pursue your love for lifelong learning in-person and virtually.*

*Sincerely,*

**Mary Koski, Fran Uteg**  
Curriculum Co-Chairs  
Door County Learning in Retirement

## Registration Details

### Register online

- › **FIRST** - Access the DCLIR website at [nwtc.edu/LIR](http://nwtc.edu/LIR)
  - On the right side of the page, click on the blue button 'Online Registration'
  - This brings you to the DCLIR Member Portal – this portal enables you to update your contact information, purchase a membership with credit card, and register for classes
- › **SECOND** - On the upper right-hand corner of the Member Portal page, click 'Login'. If you are a current user in the online site continue login with your username and password.
  - If you are new to online registration or have forgotten your username and password - DO NOT enter any information into the username/password boxes. Instead, click on the '**Forgot Password**' link. You will be prompted to enter your email address. (Please notify the office if you enter an email address that is different from the one currently used for DCLIR messages or receive the message 'You have an account in our system but it is not currently active').
  - An email will be sent to you with your username. Continue to follow directions as prompted. When this process is complete, click the Membership tab on the upper left-hand side of the page to purchase your membership. **The Spring only term fee is \$50.00.**
- › *We can help with the registration process. Please call the office to schedule an appointment.*

### Use a traditional registration form

- › Complete the form included in the catalog.
- › Mail or drop the form at the DCLIR office.
- › Include Spring term only membership fee of \$50 and any class fees if applicable. Make all checks payable to NWTC.

# COURSES BY PLATFORM

## IN-PERSON CLASSES

Course #	Title
1	A Fine Kettle of Fish
2	Age of Farming with Steam Engines
3	Aprons: They're Not Just for Men Anymore
4	Art Into Poem: Exploring Ekphrastic Writing
6	Chess: Beyond the Basics
7	Chess: Learn How to Play This Popular Game
8	Chicken Chapel: Tending a Different Flock
10	Civilian Response to Active Shooter Threats
11	County Health Rankings - Where Do Door and Kewaunee Counties Stack Up?
12	CPR Training
13	Crossroads: Astronomy for Grandparents
14	Crossroads: So What is a Freshwater Estuary?
15	Crossroads: Land and the People of the Cove Estuary
16	Crossroads: Hike to the Cove Estuary
17	CSI - Door County/Sturgeon Bay
18	Dementia 101
19	Dementia 201
20	Dillion's Law - How You Can Help to Save a Life
21	Door County Court Services Program
22	Door County Land Trust: Ship Canal Walk AM
23	Door County Land Trust: Ship Canal Walk PM
24	Five Steps to Financial Security & Independence
25	Garden Totems
26	Get the Most Out of Your Photography
27	Getting Started with Google Docs
28	Ghost Ports and Shipwrecks of Clay Banks
30	Hardanger
32	Healthy & Affordable Cooking for One (Or Two)
33	Healthy & Affordable Cooking for One (Or Two)
34	Heins Creek Story
35	History of Medicine
36	Holocaust: Millie's Story Revisited
37	Hospice 101 and Advance Directives
39	If You Don't Tell Your Story, It's Gone Forever
40	In This Economy?!
41	Insects Bug Me
42	Introduction to Altrusa of Door County
43	Is An Electric Car for You? AM
44	Is An Electric Car for You? PM

# COURSES BY PLATFORM (Continued)

## IN-PERSON AND ZOOM CLASSES (BLENDED)

Course #	Title
5	Beyond The "Boomers"
9	Chinese Exercise for Seniors
29	Guardianship Basics
31	Health & Human Services Overview
38	How Civility Can Reduce Bias
50	Marketplace and Medicare: Know Your Health Insurance Options
58	Probate Basics
59	Quantum Technology: Basic Cyber and Internet Security
60	Quantum Technology: Basics of Wi-Fi
61	Quantum Technology: Computer Backup and Disaster Recovery
62	Quantum Technology: Learn to Use Your Apple/Mac Device
64	Retirement Roadblocks
65	Ridin' The Rails - A Month-Long Amtrak Adventure

## ZOOM ONLY CLASSES

Course #	Title
49	Laugh and Learn About Your Grandkids - and Their Parents
52	Native Americans and White Americans - A Clash of Cultures

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\*IP=In-Person

In-Person  In-Person & Zoom  Zoom Only

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# COURSES BY DAY

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In-Person  In-Person & Zoom  Zoom Only

## MONDAY

- 17 CSI- Door Co/Stur. Bay
- 21 Door County Court Services Program
- 24 Five Steps to Financial Security & Independence
- 27 Getting Started With Google Docs
- 30 Hardanger
- 32 Healthy & Affordable Cooking for One (Or Two)
- 33 Healthy & Affordable Cooking for One (Or Two)
- 38 How Civility Can Reduce Bias
- 43 Is An Electric Car For You? AM
- 44 Is An Electric Car For You? PM
- 46 Jacksonport History Told Through the Erskine Story
- 50 Marketplace and Medicare: Know Your Health Insurance Options
- 52 Native Americans and White Americans - A Clash of Cultures
- 61 Quantum Technology: Computer Backup and Disaster Recovery
- 62 Quantum Technology: Learn to Use Your Apple/Mac Device
- 64 Retirement Roadblocks
- 71 Still Life: Storytelling and Secret Messages
- 77 Wellness in Retirement
- 81 Woodwalk Gallery

## TUESDAY

- 2 Age of Farming With Steam Engines
- 3 Aprons: They're Not Just For Men Anymore
- 5 Beyond The "Boomers"
- 9 Chinese Exercise for Seniors
- 10 Civilian Response to Active Shooter Threats
- 11 County Health Rankings - Where Do Door and Kewaunee Counties Stack Up?
- 12 CPR Training
- 22 Door County Land Trust: Ship Canal Walk AM
- 23 Door County Land Trust: Ship Canal Walk PM

## TUESDAY

- 28 Ghost Ports and Shipwrecks of Clay Banks
- 29 Guardianship Basics
- 34 Heins Creek Story
- 37 Hospice 101 and Advance Directives
- 39 If You Don't Tell Your Story, It's Gone Forever
- 51 Modern Dairy Farm Tour
- 54 Peace, Love & Rock 'n Roll: Part II
- 63 Recorders in Concert
- 65 Ridin' the Rails - A Month-Long Amtrak Adventure
- 66 Sinking of the Titanic
- 72 Sturgeon Bay Grain Elevator: A Story of the Gilded Age
- 79 Woodshop 101
- 80 Woodshop 101

## WEDNESDAY

- 1 A Fine Kettle of Fish
- 4 Art Into Poem: Exploring Ekphrastic Writing
- 8 Chicken Chapel: Tending a Different Flock
- 13 Crossroads: Astronomy for Grandparents
- 16 Crossroads: Hike to the Cove Estuary
- 18 Dementia 101
- 19 Dementia 201
- 31 Health & Human Services Overview
- 36 Holocaust: Millie's Story Revisited
- 42 Introduction to Altrusa of Door County
- 45 Is That Really True?
- 48 Joint Pain
- 49 Laugh and Learn About Your Grandkids - and Their Parents
- 55 Pirates of Chemotherapy: The Rehearsals
- 56 Pirates of Chemotherapy: The Performances
- 68 Soap Making
- 70 Stretching For Over 60
- 75 Watercolor Pencils: A Fun and Versatile Medium

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## THURSDAY

- 6 Chess: Beyond The Basics
- 7 Chess: Learn How to Play This Popular Game
- 14 Crossroads: So What is a Freshwater Estuary?
- 15 Crossroads: Land and the People of the Cove Estuary
- 20 Dillion's Law - How You Can Help to Save a Life
- 25 Garden Totems
- 26 Get the Most Out of Your Photography
- 35 History of Medicine
- 40 In This Economy?!
- 41 Insects Bug Me
- 47 Jigs, Reels, and Hornpipes
- 57 Pirates of Chemotherapy: The Performances
- 58 Probate Basics
- 59 Quantum Technology: Basic Cyber and Internet Security
- 60 Quantum Technology: Basics of Wi-Fi
- 67 Shakespeare's Classic Comedy
- 69 Strawberry Creek Chinook Salmon Rearing Pond Tour
- 73 Susan and Elizabeth: A Friendship of Consequence
- 74 US Supreme Court on "The Right or Not to an Abortion"
- 76 Welcome to the Garden Door 2023
- 78 Whodunit?

## FRIDAY

- 53 Paper Basket Weaving

# COURSE LOCATION

**ADRC: AGING AND DISABILITY RESOURCE CENTER OF DOOR COUNTY**  
916 N 14th Ave, Sturgeon Bay

**BAY VIEW LUTHERAN CHURCH**  
340 W Maple St, Sturgeon Bay

**CROSSROADS AT BIG CREEK**  
2041 Michigan St, Sturgeon Bay

**DNR STRAWBERRY CREEK CHINOOK FACILITY (HATCHERY)**  
County Rd U & Strawberry Lane, Sturgeon Bay

**DOOR COUNTY COFFEE PARKING LOT**  
5773 State Highway 42, Carlsville

**DOOR COUNTY LAND TRUST (STURGEON BAY SHIP CANAL NATURE PRESERVE)**  
5340 Lake Lane & 5200 Lake Lane, Sturgeon Bay

**OFENBECK HOME**  
**STEVE OFENBECK, CRAFTSMAN**  
3422 N Lake Michigan Dr, Sturgeon Bay

**OLSON FAMILY FARM**  
580 COUNTY RD S, STURGEON BAY

**PENINSULAR AGRICULTURAL RESEARCH STATION**  
4312 State Highway 42, Sturgeon Bay

**SB FIRE DEPARTMENT**  
421 N. Michigan St., Sturgeon Bay

**WOODWALK GALLERY**  
6746 County Road G, Egg Harbor

**\*Classes are held at NWTC Sturgeon Bay unless otherwise noted.**

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Learning in Retirement

# February 2023

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☐ In-Person    ☐ In-Person & Zoom    ■ Zoom Only

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
			<b>1</b>	<b>2</b> GROUNDHOG DAY	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> #13 Crossroads: Astronomy 1-3 Crossroads	<b>9</b> #7 Chess: Learn to Play 10-12 NWTC	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b> #24 Five Steps to Financial 10-12 NWTC #21 Door Co. Court Services 10-12 ADRC/Zoom #64 Retirement Roadblocks 1-3 NWTC/Zoom	<b>14 VALENTINE'S DAY</b> #28 Ghost Ports 10-12 NWTC #11 County Health Rankings 1-3 NWTC #72 SB Grain Elevator 1/2 1-3:30 Crossroads	<b>15</b> #42 Intro to Altrusa 10-12 NWTC #31 Health & Human Services 1-3 NWTC/Zoom	<b>16</b> #78 Whodunit? 1/6 10-12 NWTC #67 Shakespeare Comedy 1/4 10-12 ADRC	<b>17</b>	<b>18</b>
<b>19</b>	<b>20 PRESIDENTS' DAY</b> #50 Marketplace Medicare 10-12 NWTC/Zoom #32 Healthy & Affordable Cooking 1-3 NWTC Kitchen #71 Still Life Storytelling 1-3 Miller	<b>21 MARDI GRAS</b> #29 Guardianship Basics 10-12 NWTC/Zoom #72 SB Grain Elevator 2/2 1-3:30 Crossroads	<b>22 ASH WEDNESDAY</b> #48 Joint Pain 10-12 NWTC #4 Art Into Poem 1/2 10-12 Miller #49 Laugh & Learn 1-3 Zoom	<b>23</b> #60 Quantum: Basics of Wifi 10-12 NWTC/Zoom #67 Shakespeare Comedy 2/4 10-12 ADRC	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b> #30 Hardanger 1/6 10-12 Bay View Church #77 Wellness in Retirement 1/4 1-3 NWTC	<b>28</b> #5 Beyond the Boomers 10-12 NWTC/Zoom				

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Learning in Retirement

# March 2023

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☐ In-Person    ☐ In-Person & Zoom    ■ Zoom Only

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
			<b>1</b>	<b>2</b> #78 Whodunit? 2/6 10-12 NWTC #67 Shakespeare Comedy 3/4 10-12 #58 Probate Basics 1-3 NWTC/Zoom	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b> #30 Hardanger 2/6 10-12 Bay View Church #33 Healthy & Affordable Cooking 10-12 NWTC Kitchen #77 Wellness in Retirement 2/4 1-3 NWTC	<b>7</b> #10 Civilian Response to Active Shooter Threats 10-12 ADRC #37 Hospice 101 and Advance Directives 1-3 NWTC	<b>8</b> #1 A Fine Kettle 1/8 10-12 NWTC #8 Chicken Chapel 1-3 NWTC	<b>9</b> #6 Chess Beyond Basics 10-12 NWTC #67 Shakespeare Comedy 4/4 10-12 ADRC #35 History of Medicine 1-3 NWTC	<b>10</b> #53 Paper Basket 1/3 9-12 NWTC	<b>11</b>
<b>12</b> DAYLIGHT SAVING	<b>13</b> #30 Hardanger 3/6 10-12 Bay View Church #38 Civility Reduces Bias 1/2 10-12 NWTC/Zoom #77 Wellness in Retirement 3/4 1-3 NWTC	<b>14</b> #3 Aprons 10-12 NWTC #9 Chinese Exercise 1/3 1-3 NWTC/Zoom	<b>15</b> #1 A Fine Kettle 2/8 10-12 NWTC #55 Pirates of Chemo Rehearsals 1/5 1-4 NWTC	<b>16</b> #78 Whodunit? 3/6 10-12 NWTC #14 Crossroads Freshwater Estuary 1-3 Crossroads	<b>17 ST. PATRICK'S DAY</b> #53 Paper Basket 2/3 9-12 NWTC	<b>18</b>
<b>19</b>	<b>20</b> #30 Hardanger 4/6 10-12 Bay View Church #38 Civility Reduces Bias 2/2 10-12 NWTC/Zoom #77 Wellness in Retirement 4/4 1-3 NWTC	<b>21</b> #66 Titanic 10-12 NWTC #9 Chinese Exercise 2/3 1-3 NWTC/Zoom	<b>22</b> #1 A Fine Kettle 3/8 10-12 NWTC #45 Is That Really True? 1-3 NWTC	<b>23 RAMADAN BEGINS</b> #40 In This Economy 10-12 NWTC #26 Photography 1-3 NWTC	<b>24</b> #53 Paper Basket 3/3 9-12 NWTC	<b>25</b>
<b>26</b>	<b>27</b> #30 Hardanger 5/6 10-12 Bay View Church #61 Quantum: Computer Backups 10-12 NWTC/Zoom #17 CSI-DC/SB 1-3 ADRC	<b>28</b> #39 If You Don't Tell Your Story 10-12 NWTC #9 Chinese Exercise 3/3 1-3 NWTC/Zoom	<b>29</b> #1 A Fine Kettle 4/8 10-12 NWTC #55 Pirates of Chemo Rehearsals 2/5 1-4 NWTC	<b>30</b> #78 Whodunit? 4/6 10-12 NWTC	<b>31</b>	

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# April 2023

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Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
						<b>1</b> APRIL FOOL'S DAY
<b>2</b>	<b>3</b> #30 Hardanger 6/6 10-12 Bay View Church #52 Native Americans 1/4 10-12:30 Zoom #27 Google Docs 1/3 1-3 NWTC	<b>4</b> SPRING ELECTIONS	<b>5</b> #1 A Fine Kettle 5/8 10-12 NWTC #18 Dementia 101 10-12 ADRC	<b>6</b> PASSOVER #15 Crossroads: Land & People of Cove 10-12 Crossroads #20 Dillon's Law 1-3 NWTC	<b>7</b> GOOD FRIDAY	<b>8</b>
<b>9</b> EASTER	<b>10</b> #52 Native Americans 2/4 10-12:30 Zoom #27 Google Docs 2/3 1-3 NWTC	<b>11</b> #51 Modern Dairy Farm Tour 10-12 Olson Farm #12 CPR Training 1-3 SB Fire Dept. #79 Woodshop 101 12:30-4:30 Ofenbeck Home	<b>12</b> #1 A Fine Kettle 6/8 10-12 NWTC #68 Soap Making 1-3 NWTC #55 Pirates of Chemo Rehearsal 3/5 1-4 NWTC	<b>13</b> #78 Whodunit? 5/6 10-12 NWTC #47 Jigs, Reels, and Hornpipes 1-3 ADRC	<b>14</b>	<b>15</b>
<b>16</b>	<b>17</b> #52 Native Americans 3/4 10-12:30 Zoom #27 Google Docs 3/3 1-3 NWTC	<b>18</b> TAXES DUE #63 Recorders in Concert 10-12 NWTC #80 Woodshop 101 12:30-4:30 Ofenbeck Home	<b>19</b> #1 A Fine Kettle 7/8 10-12 NWTC #70 Stretching 1-3 NWTC #55 Pirates of Chemo Rehearsal 4/5 1-4 NWTC	<b>20</b> #25 Garden Totems 10-12 NWTC #59 Quantum: Basic Cyber 1-3 NWTC/Zoom	<b>21</b>	<b>22</b> EARTH DAY
<b>23</b>	<b>24</b> #52 Native Americans 4/4 10-12:30 Zoom #46 Jacksonport History 1-3 NWTC	<b>25</b> #54 Peace, Love, & Rock'n Roll Part 2 1-3:30 NWTC	<b>26</b> ADMIN ASSIST DAY #1 A Fine Kettle 8/8 10-12 NWTC #19 Dementia 201 10-12 ADRC #4 Art Into Poem 2/2 10-12 Miller #55 Pirates of Chemo Rehearsal 5/5 1-4 NWTC	<b>27</b> #78 Whodunit? 6/6 10-12 NWTC #41 Insects Bug Me 10-12 Crossroads #74 US Supreme Court "The Right or Not" 1-3 NWTC	<b>28</b>	<b>29</b>
<b>30</b>						

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Learning in Retirement

# May 2023

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Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
	<b>1</b> #81 Woodwalk Gallery: Watercolor 10-12 Woodwalk Gallery #62 Quantum: Apple/Mac 1-3 NWTC/Zoom	<b>2</b> #65 Ridin' the Rails 10-12 NWTC/Zoom #2 Age of Farming w/Steam Engines 1-3 NWTC	<b>3</b> #75 Watercolor Pencils 10-12 NWTC #56 Pirates of Chemo Performance 1-4 NWTC	<b>4</b> #73 Susan & Elizabeth 10-12 ADRC #57 Pirates of Chemo Performance 1-4 ADRC	<b>5</b> CINCO DE MAYO	<b>6</b>
<b>7</b>	<b>8</b> #43 Electric Car AM 10-12 Meet DC Coffee #44 Electric Car PM 1-3 Meet DC Coffee	<b>9</b> #34 Heins Creek Story 1-3 NWTC	<b>10</b> PEARL HARBOR #36 Holocaust: Millie's Story 1-3 Crossroads	<b>11</b> #69 Strawberry Creek 10-12 Chinook Facility	<b>12</b>	<b>13</b>
<b>14</b> MOTHER'S DAY	<b>15</b>	<b>16</b> #22 Ship Canal AM 10-12 SB Ship Canal #23 Ship Canal PM 1-3 SB Ship Canal	<b>17</b> #16 Crossroads: Hike to the Cove Estuary 1-3 Crossroads	<b>18</b> #76 Garden Door 10-12 Peninsular Ag Research Station	<b>19</b>	<b>20</b> ARMED FORCES DAY
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b> PENTECOST	<b>29</b> MEMORIAL DAY	<b>30</b>	<b>31</b>			

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Learning in Retirement

## COURSE DESCRIPTIONS

*\*Class limits may change to due to CDC guidelines*

### A Fine Kettle of Fish

#### Course #: 01

Presenter: John Stevenson & Ed Eickenberg  
Coordinator: Tom Gaertner  
E-Mail: tggaertner@gmail.com  
Date: Wednesdays, March 8, 15, 22, 29  
April 5, 12, 19, and 26  
Session(s): 8  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 25

Friendly, round table discussions of timely and/or historic issues in domestic politics, foreign affairs, religion, education, business, science, healthcare, and sports. Led by the presenter or co-presenter. We will base our discussions on news and opinion pieces drawn from sources such as *The New York Times*, *The Wall Street Journal*, *USA Today*, *The Door County Advocate* and *Peninsula Pulse* from news covered by the mass media. A most important source is suggestions from our participants.

**Area of Interest:** History-Culture-Government

### (The) Age of Farming with Steam Engines

#### Course #: 02

Presenter: Jim Rabas  
Coordinator: Don Guth, 920-255-3174  
E-Mail: donguth@icloud.com  
Date: Tuesday, May 2  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: NWTC  
Limit: 30

The story of "Big Jim" the 1924 Model 2475 Minneapolis Steam Engine built by the Minneapolis Threshing Machine Company. Class presented by Jim Rabas owner of Algoma Motors a Buick and GMC dealership. "Big Jim" has been in the Rabas family for 95 years. Learn about its original use of thrashing for farmers for a fee of \$1 a day to moving houses and barns. No other steam engine has been in more parades than "Big Jim"

**Area of Interest:** History-Culture-Government

### Aprons: They're Not Just for Men Anymore

#### Course #: 03

Presenter: Virginia Feld Johnson  
Coordinator: Don Guth, 920-255-3174  
E-Mail: donguth@icloud.com  
Date: Tuesday, March 14  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 30

A history of aprons that takes us back to the Black Plague of the Middle Ages. Men really did wear the first coverings (the bible mentions the leaf). Virginia has about 30 aprons chronicling history from mercantile prior to 1900. Learn about feed sack aprons from the Depression, society aprons and to today's decorative aprons. Collector items too.

**Area of Interest:** History-Government-Culture

### Art into Poem: Exploring Ekphrastic Writing

#### Course #: 04

Presenter: Carrie & Peter Sherrill  
Coordinator: John Koski, 920-493-9344  
E-Mail: sturgeonbay2@gmail.com  
Date: Wednesday, February 22  
Wednesday, April 26  
Session(s): 2  
Time: 10:00 a.m. - 12:00 p.m.  
Location: Miller Art Museum  
Limit: 10

**NO EXPERIENCE NECESSARY!** Participants will receive a brief introduction to "Ekphrasis," the process of writing from a piece of art. Examples of ekphrastic writing will be shared (both famous and those of local poets and artists). Following the introduction, the participants will try their hand at a brief writing and sharing exercise in the Miller Art Museum.

There will be 2 sessions: one from each of the exhibits. The first session will take place during the "Horizon Line/Oceans and Islands" exhibit. The second session will take place during the "Salon of High school Art". Participants wanting to try their hand at writing in an encouraging, fun environment, this is the class to take!

**Area of Interest:** Language-Literature-Writing

### Beyond the "Boomers"

#### Course #: 05 In-Person

#### Course #: 05 Zoom

Presenter: Dave Moscinski  
Coordinator: Mary Koski, 920-493-9345  
E-Mail: marykoski25@gmail.com  
Date: Tuesday, February 28  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC/Zoom  
Limit: 30 In person, 25 Zoom

"Qué serà, serà"

Whatever will be, will be

The future's not ours to see-

But demographics can help

"Boomers" are aging out. What will be the impact on our culture in future years? In 2020 Wisconsin had more deaths than births. A demographic review of Wisconsin birth records for the past decades shows what the future will be like for the state's population. From school age population, to all the "Now Hiring" signs out there, to long-term housing numbers- come see what the future may bring. Demographic analysis in Wisconsin shows the "Now Hiring" signs started in the state in 2012 and will continue well into the future. Come see what the future may bring starting in 2026.

**Area of Interest:** History-Culture-Government

### Chess: Beyond the Basics

#### Course #: 06

Presenter: John Koski  
Coordinator: Mary Koski, 920-493-9345  
E-Mail: marykoski25@gmail.com  
Date: Thursday, March 9  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 25

This class is designed for those who have a basic knowledge of chess (such as how to set up a chessboard, how the pieces move, and those who can play a complete game) and those who desire more advanced instruction. We will discuss common openings and middle- and end-game strategies. You will learn chess techniques that will help take you to a higher level of play. You will have an opportunity to play a complete game in class.

**Area of Interest:** Craft-Game-Hobby

### Chess: Learn How to Play this Popular Game

#### Course #: 07

Presenter: John Koski  
Coordinator: Mary Koski, 920-493-9345  
E-Mail: marykoski25@gmail.com  
Date: Thursday, February 9  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 25

If you'd like to play an enjoyable, competitive game of chess with your grandchildren and demonstrate to them that Grandma or Grandpa ain't done yet, then come and learn the basics of this increasingly popular game. You'll learn how to set up a chess board, how the pieces move, and be provided with resources (most of them are free) where you can develop basic techniques and hone your skills by playing chess online, watch videos, solve puzzles and more. You really can learn to play this exciting game-it's not as difficult as you might think.

**Area of Interest:** Craft-Game-Hobby

### Chicken Chapel: Tending A Different Flock

#### Course #: 08

Presenter: Fr. Anthony Birdsall  
Coordinator: Paul Zenefski, 920-743-4333  
E-Mail: pzenefski@hotmail.com  
Date: Wednesday, March 8  
Session(s): 1  
Time: 1:00 p.m.-3:00 p.m.  
Location: NWTC  
Limit: 30

Father Anthony Birdsall, a retired priest from Corpus Christi Church, raises and shows prize-winning chickens. As a young boy, he took care of poultry on his family farm, showing animals at county fairs along with his parents. He went on to serve as the Small Animals Building Coordinator for the Door County Fair, managing the displays and exhibits. At the 2015 Door County Fair, he took home 30 first place ribbons. His shows are billed "the Best of the Midwest." His ultimate goal is to show birds in different shapes and colors. Father Tony continues to give back to the community by hosting educational workshops for the public, especially children, covering various "chicken" topics.

**Area of Interest:** Door County Focus

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*\*Class limits may change to due to CDC guidelines*



## Chinese Exercise for Seniors

**Course #: 09 In-Person**

**Course #: 09 Zoom**

Presenter: Roy Rasmussen

Coordinator: DCLIR Office, 920-746-4947

E-Mail: DCLIR@NWTC.edu

Date: Tuesday, March 14, 21, and 28

Session(s): 3

Time: 1:00 p.m.-3:00 p.m.

Location: NWTC/Zoom

Limit: 15 In Person, 10 Zoom

Learn energy-boosting exercises used by millions of senior citizens in China. These simple, non-impact exercises promote circulation, flexibility, balance, coordination, and concentration: great for stiff joints and stress management. Class focuses on stretching, sitting, standing, and moving exercises derived from Tai Chi and other internal arts, with other exercises included as time permits.

**Area of Interest:** Health - Fitness - Science

## Civilian Response to Active Shooter Threats

**Course #: 10**

Presenter: Dan Brinkman, Assistant Chief of Police, Sturgeon Bay Police Department

Coordinator: Mike LeClair, 920-901-9955

E-Mail: michaeln.leclair@yahoo.com

Date: Tuesday, March 7

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: ADRC

Limit: 25

Since the Columbine High School massacre in 1999, there has been a paradigm shift in how police and civilians respond to active shooter events. Civilians have taken a more active role in reducing the number of deaths in active shooter events. Civilians are now taught what they need to do to better survive an attack. Simply hiding and hoping the shooter will not find you is not a viable option. The class will learn AVOID DENY DEFEND (ADD) and what ADD means in an active shooter event. The class will also learn what happens to their body in a highly stressful event and what they can do to reduce that stress so they can make a rational decision that could save their life and the lives of the people with them. The class will learn the importance of having a plan in place for an active shooter event.

**Area of Interest:** Health-Fitness-Science

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## County Health Rankings- Where do Door and Kewaunee Counties Stack Up?

**Course #: 11**

Presenter: Brian Stephens, CEO of Door County Medical Center

Coordinator: Joe Kopec, 920-818-0112

E-Mail: joekopec@gmail.com

Date: Tuesday, February 14

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 30

The University of Wisconsin Population Health Institute (UWPHI) has collaborated with the Robert Wood Johnson Foundation (RWJF) since 2008 to develop what is now known as the County Health Rankings & Road maps (CHR&R) program. The CHR&R program provides data, evidence, guidance, and examples to build awareness of the multiple factors that influence health and support leaders in growing community power to improve health equity. The Rankings are unique in their ability to measure the health of nearly every county in all 50 states, and are complemented by guidance, tools, and resources designed to accelerate community learning and action.

In 2021, Door County Medical Center adopted a new strategic plan. One of the long-term goals of the plan is to help elevate Door and Kewaunee Counties into the top 5 healthiest counties in Wisconsin according to the County Health Rankings. In this session, we will review the Rankings and their methodology, compare Door and Kewaunee counties to Ozaukee County, which is considered the healthiest county in the state, and discuss local initiatives and ideas that can propel us towards meeting our goal.

Familiarity with the County Health Rankings website is not mandatory but will help to create a better understanding of the Rankings amongst participants and a more robust discussion. The Rankings can be found at [www.countyhealthrankings.org](http://www.countyhealthrankings.org).

**Area of Interest:** Health-Fitness-Science

## CPR Training

**Course #: 12**

Presenter: Asst. Chief Kalin Montevideo

Coordinator: Mike LeClair, 920-901-9955

E-Mail: michaeln.leclair@yahoo.com

Date: Tuesday, April 11

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Sturgeon Bay Fire Department

Limit: 15

Learn basic CPR techniques and First Aid.

**Area of Interest:** Health-Fitness-Science

## Crossroads: Astronomy for Grandparents

**Course #: 13**

Presenter: Coggin Heeringa

Coordinator: Karen Callahan, 815-793-8276

E-Mail: alss.callahan@gmail.com

Date: Wednesday, February 8

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Crossroads at Big Creek

Limit: 20

Kids are inherently interested in space, and few things are more rewarding than exploring astronomical concepts with children. But many adults were not exposed to hands-on science in school. This class will be offered in the lab and will introduce the lessons we give to children during school field trips and during our Saturday Science programs but might be fun to do at home. So come prepared to have fun!

**Area of Interest:** Environment-Nature

## Crossroads:

### So What is a Freshwater Estuary?

**Course #: 14**

Presenter: Coggin Heeringa

Coordinator: Karen Callahan, 815-793-8276

E-Mail: alss.callahan@gmail.com

Date: Thursday, March 16

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Crossroads at Big Creek

Limit: 80

With all of the publicity about the site selection for the National Estuarine Research Reserve (NERR), people have been asking ---just what is a freshwater estuary? Why are they important? And why is the Cove Estuary at Crossroads so special? This slide lecture will be followed by an optional walking tour to The Cove.

**Area of Interest:** Environment-Nature

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## Crossroads: Land and the People of the Cove Estuary

**Course #: 15**

Presenter: Coggin Heeringa

Coordinator: Joe Kopec, 920-818-0112

E-Mail: joekopec@gmail.com

Date: Thursday, April 6

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Crossroads at Big Creek

Limit: 20

On going archaeological investigations have revealed that people have lived beside Big Creek and The Cove Estuary for at least three thousand years. Using results from our digs, and also literature searches, we will share what we know of the First Peoples and European settlers who once made Crossroads their homes.

**Area of Interest:** Environment-Nature

## Crossroads: Hike to the Cove Estuary

**Course #: 16**

Presenter: Coggin Heeringa

Coordinator: John Koski, 920-493-9344

E-Mail: sturgeonbay2@gmail.com

Date: Wednesday, May 17

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Crossroads at Big Creek

Limit: 20

This guided hike will start at the Collins Learning Center, cross Big Creek, and proceed to The Cove Estuary. Hikers will pass through a number of distinct habitats and learn about Crossroads restoration efforts. The hiking trails are moderate difficulty. Please wear appropriate shoes for walking.

**Area of Interest:** Environment-Nature

## HELPFUL HINTS FOR A FULFILLING SEMESTER

### WHEELCHAIRS ARE AVAILABLE.

Call the DCLIR office (920-746-4947) and we'll meet you at the South entrance door.

\*Class limits may change to due to CDC guidelines



## CSI- Door County/Sturgeon Bay

### Course #: 17

Presenter: Chad Mielke/Pat McCarty  
Coordinator: Mike LeClair, 920-901-9955  
E-Mail: michaeln.leclair@yahoo.com  
Date: Monday, March 27  
Session(s): 1  
Time: 1:00 p.m.-3:00 p.m.  
Location: ADRC  
Limit: 50

This class will provide insight into the techniques used to gather evidence and solve crimes. Some of these techniques have been used for decades, while others are on the cutting edge of technology. Recent cases solved in Door County are highlighted in the presentation.

**Area of Interest:** *Math-Science-Technology*

## Dementia 101

### Course #: 18

Presenter: Sierra Witczak  
Coordinator: Mary Koski, 920-493-9345  
E-Mail: marykoski25@gmail.com  
Date: Wednesday, April 5  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: ADRC  
Limit: 20

Dementia 101 will provide education on dementia and the different forms of dementia. This course will discuss the warning signs, normal signs of aging, early detection, and risk factors. Participants are encouraged to ask questions and will learn about the resources available for those affected by the disease and their caregivers.

**Area of Interest:** *Senior Issues*

## HELPFUL HINTS FOR A FULFILLING SEMESTER

### The DCLIR's office and classroom number is SC111.

Facing the main entrance, we are at the far left (South) of the building. Our entrance is located off the South parking lot, which has a turnaround for drop-offs, as well as handicapped parking spaces. Additional handicapped spaces and parking are in the Front lot.

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## Dementia 201

### Course #: 19

Presenter: Sierra Witczak  
Coordinator: Mary Koski, 920-493-9345  
E-Mail: marykoski25@gmail.com  
Date: Wednesday, April 26  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: ADRC  
Limit: 20

Dementia 201 covers how the brain is impacted when someone has dementia. We will discuss the behaviors and challenges that those with the disease may struggle with. This class will discuss strategies on how to handle challenging behaviors. Participants will learn effective communication skills to use when communicating with those who have dementia.

**Area of Interest:** *Senior Issues*

## Dillions Law-

### How You Can Help to Save a Life

#### Course #: 20

Presenter: Angel Mueller  
Coordinator: Don Guth, 920-255-3174  
E-Mail: donguth@icloud.com  
Date: Thursday, April 6  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: NWTC  
Limit: 30

The lecture and skills training will enable you to recognize a severe allergic reaction and administer the lifesaving medication epinephrine. When you leave this course, you will be state certified to administer epinephrine and be protected from liability under Wisconsin law.

**Area of Interest:** *Health-Fitness-Science*

## Door County Court Services Programs

### Course #: 21 In-Person

### Course #: 21 Zoom

Presenter: Kelsey Christensen, Judge David L Weber, Colleen Nordin, Sheriff Tammy Sternard, Joe Krebsbach, Diversion Case Managers, Drug Investigator, Mental Health Officer  
Coordinator: Pam Gillespie, 920-743-0210  
E-Mail: PamH400@aol.com  
Date: Monday, February 13  
Session(s): 1  
Time: 10:00 a.m.-12:00 p.m.  
Location: ADRC/Zoom  
Limit: 50 In-Person, 25 Zoom

Door County Court Services team members will present on the Door County Drug Treatment Court, an evidence-based judicial supervision process for Door County residents with substance use as an alternative to prison, and adult and youth diversion programs designed to prevent individuals from entering the judicial system. All programs focus on enhancing public safety and restoring sober, productive, and law-abiding citizens to the community. The presentation will also include drug trends in Door County and why it is important that these programs are in place.

**Area of Interest:** *Door County Focus*

## HELPFUL HINTS FOR A FULFILLING SEMESTER

### DOOR COUNTY LEARNING IN RETIREMENT IS A MEMBERSHIP-ONLY ORGANIZATION.

Catalogs come out twice each year. An annual membership fee of \$70 paid with Fall registration covers both Fall and Spring terms. Spring-only membership is \$50. Courses are open to members only. Registration remains open and membership can be purchased at any time. Please contact the DCLIR Office for details.

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## Door County Land Trust: Ship Canal Walk AM

### Course #: 22

Presenter: Carl Cochrane  
Coordinator: Bill Utley, 920-333-0523  
E-Mail: butley2@gmail.com  
Date: Tuesday, May 16  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: Sturgeon Bay Ship Canal  
Limit: 15

Carl Cochrane, retired biology/environmental science teacher from Sturgeon Bay High School, knows the Ship Canal Preserve like no one else. Join Carl as he leads a relaxed walking tour of the preserve, pointing out its unique topography, endangered plant and animal species, and the fascinating human history of the largest tract of undeveloped land within the city limits. The hike, over uneven terrain, is about 1.5 miles, so please dress accordingly including proper walking shoes. Please keep in mind you may be standing for long periods of time. Map and directions will be emailed to participants.

NOTE: Same as Ship Canal Walk P.M.

**Area of Interest:** *Environment-Nature*

## Door County Land Trust: Ship Canal Walk PM

### Course #: 23

Presenter: Carl Cochrane  
Coordinator: Bill Utley, 920-333-0523  
E-Mail: butley2@gmail.com  
Date: Tuesday, May 16  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: Sturgeon Bay Ship Canal  
Limit: 15

Carl Cochrane, retired biology/environmental science teacher from Sturgeon Bay High School, knows the Ship Canal Preserve like no one else. Join Carl as he leads a relaxed walking tour of the preserve, pointing out its unique topography, endangered plant and animal species, and the fascinating human history of the largest tract of undeveloped land within the city limits. The hike, over uneven terrain, is about 1.5 miles, so please dress accordingly including proper walking shoes. Please keep in mind you may be standing for long periods of time. Map and directions will be emailed to participants.

NOTE: Same as Ship Canal Walk A.M.

**Area of Interest:** *Environment -Nature*

\*Class limits may change to due to CDC guidelines

\*Class limits may change to due to CDC guidelines

## Five Steps to Financial Security and Independence

### Course #: 24

Presenter: Laura Murray  
Coordinator: Laurel Wise, 920-743-1764  
E-Mail: ljwise5589@gmail.com  
Date: Monday, February 13  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 25

Invest in your financial well-being. Laura will cover the most important elements of your financial security including – principles of sound investing, investment and risk management as well as the behavioral aspects of managing money.

**Area of Interest:** *Senior Issues*

## Garden Totems

### Course #: 25

Presenter: Bethany Kirwen, Miriam Malenius  
Coordinator: Hein Moritz, 865-292-8675  
E-Mail: hein@moritz.com  
Date: Thursday, April 20  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 12  
Fee: \$18 fee due at registration to guarantee your spot in the class.

In this class you will create a garden totem with PVC pipe as the base. A variety of materials, i.e., duct tape, electrical tape, fabric strips, plastic strips, wire, beads, etc. will be applied to create designs. These are fun to make and will make a colorful addition to your garden.

**Area of Interest:** *Craft-Game-Hobby*

## HELPFUL HINTS FOR A FULFILLING SEMESTER

### DID YOU KNOW THAT DOOR COUNTY LEARNING IN RETIREMENT HAS AN UPDATED FACEBOOK PAGE?

Our new Facebook page is titled "Door County Learning in Retirement – DCLIR" [facebook.com/newdclir](https://www.facebook.com/newdclir). We update it frequently, so please check it out. And remember to "Like!" and "Share!"

## Get the Most Out of Your Photography

### Course #: 26

Presenter: Chip Manthey  
Coordinator: Audrey Perry, 920-255-3100  
E-Mail: aapwi@hotmail.com  
Date: Thursday, March 23  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: NWTC  
Limit: 20

Explore the operations for digital photography with experienced Chip Manthey. The class will cover the basics of the camera, composition, lighting exposure, and much more. All to help you take better pictures.

**Area of Interest:** *Craft-Game-Hobby*

## Getting Started with Google Docs

### Course #: 27

Presenter: Mary Koski, Betsy Koski  
Coordinator: Mary Koski, 920-493-9345  
E-Mail: marykoski25@gmail.com  
Date: Mondays, April 3, 10 and 17  
Session(s): 3  
Time: 1:00 p.m. - 3:00 p.m.  
Location: NWTC  
Limit: 15

Have you ever tried to work with others to share a document, plan an event, or edit a newsletter? Are you tired of sharing endless paper drafts and email attachments? If so, Google Docs is for you! Google Docs is a free program designed for collaboration. It can be accessed on the internet by computers or even smartphones. Please bring your own device or borrow one from NWTC. In this class, you will learn to create and share Google Docs. You will learn how to edit or comment on shared docs. You'll also learn how to create folders to organize the documents you create. If time permits, we will take a quick look at Google Spreadsheets and other Google Apps. You will need a Gmail or Google account for this class.

**Area of Interest:** *Math-Science-Technology*

## Ghost Ports and Shipwrecks of Clay Banks

### Course #: 28

Presenter: Doug Weimer  
Coordinator: Don Guth, 920-255-3174  
E-Mail: donguth@icloud.com  
Date: Tuesday, February 14  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 30

Doug will take us on a historical tour of some of the earliest Door County Lumber Boomtown locations. He will share with us his knowledge of towns, piers, and shipwrecks that have disappeared.

**Area of Interest:** *Door County Focus*

## Guardianship Basics

### Course #: 29 In-Person

### Course #: 29 Zoom

Presenter: Jennifer Moeller, Door County Circuit Court Commissioner & Register in Probate  
Coordinator: Fran Uteg, 706-781-5900  
E-Mail: fran.uteg@gmail.com  
Date: Tuesday, February 21  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC, Zoom  
Limit: 30 In person, 25 Zoom

Guardianship Probate Basics is an overview of guardianship law, including 2021 modifications to Wisconsin law. Attendees will learn about the different types of guardianships and alternatives to guardianship. Time will be set aside for questions. No legal advice will be provided.

**Area of Interest:** *Senior Issues*

## HELPFUL HINTS FOR A FULFILLING SEMESTER

### HAVE YOU CHECKED YOUR E-MAIL?

Technology – can't live with it, can't live without it! Our main communication with members is via e-mail. We send out reminders, announcements, class changes or cancellations, special meetings, and notices which may happen 'last minute'. Please check your e-mail on a regular basis and let us know if your e-mail address has changed. Thank you!

## Hardanger

### Course #: 30

Presenter: Lana Ferry  
Coordinator: Laure Zenefski, 920-743-4333  
E-Mail: laureze@hotmail.com  
Date: Mondays, February 27, March 6, 13, 20, 27 and April 3  
Session(s): 6  
Time: 10:00 a.m. - 12:00 p.m.  
Location: Bay View Lutheran  
Limit: 15  
Fee: \$20 for a hardanger kit, payable at the first class - NEW participants only

Come learn the art of a heritage Norwegian stitchery called Hardanger (har-dung-er), a beautiful, decorative embroidery. This is a form of counted thread cutwork that combines satin stitch, button hole stitch, drawn work and needle weaving. This makes an intricate and fascinating needlework project. Both new and returning students are welcome! Some students are "hooked" and love this creative embroidery. Please bring your sewing magnifier light and embroidery scissors if you have them. The \$20.00 fee is to cover the cost of the kit. If you already have the kit, no fee is necessary.

**Area of Interest:** *Craft-Game-Hobby*

## Health & Human Services Overview

### Course #: 31 In-Person

### Course #: 31 Zoom

Presenter: Director Joe Krebsbach, Deputy Director Beth Chisholm, Public Health Manager Eric Krawczyk  
Coordinator: Mary Koski, 920-493-9345  
E-Mail: marykoski25@gmail.com  
Date: Wednesday, February 15  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: NWTC, Zoom  
Limit: 30 In-Person, 25 Zoom

Overview of services provided by Door County Health and Human Services including Public Health.

**Area of Interest:** *Door County Focus*

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\*Class limits may change to due to CDC guidelines

### Healthy & Affordable Cooking for One (Or Two)

#### Course #: 32

Presenter: Shauna Blackledge  
Coordinator: Todd Rockway, 847-738-4617  
E-Mail: todd.rockway@gmail.com  
Date: Monday, February 20  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: NWTC Kitchen  
Limit: 10

Learn how to cook economically and healthfully! We will dive into nutrition labels and compare package volumes and pricing. The presenter will cook with various versatile ingredients and highlight how to incorporate them into several recipes to create a flavorful menu for the week with a limited grocery list. We will discuss meal prepping, freezing, and how to stretch proteins by incorporating more vegetables. Same as class # 33

**Area of Interest:** *Cooking-Garden-Home*

### Healthy & Affordable Cooking for One (Or Two)

#### Course #: 33

Presenter: Shauna Blackledge  
Coordinator: Todd Rockway, 847-738-4617  
E-Mail: todd.rockway@gmail.com  
Date: Monday, March 6  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC Kitchen  
Limit: 10

Learn how to cook economically and healthfully! We will dive into nutrition labels and compare package volumes and pricing. The presenter will cook with various versatile ingredients and highlight how to incorporate them into several recipes to create a flavorful menu for the week with a limited grocery list. We will discuss meal prepping, freezing, and how to stretch proteins by incorporating more vegetables. Same as class # 32

**Area of Interest:** *Cooking-Garden-Home*

### Heins Creek Story

#### Course #: 34

Presenter: Marilyn Hein  
Coordinator: Sher Rockway, 630-846-1052  
E-Mail: shrock10@gmail.com  
Date: Tuesday, May 9  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: NWTC  
Limit: 30

The PowerPoint presentation is based on my recently updated book *The Heins Creek Story*. I take the audience on a walk along the trail at Heins Creek, through the dunes, the mesic forest, and the creek. The unfolding story, told through geology, archaeology, ecology, and family history, is a glimpse into how the past is always with us in the present. The story reveals how everything flows together in the dynamic story being told by Heins Creek, the Door County Peninsula, and the Great Lakes.

**Area of Interest:** *Environment-Nature*

### History of Medicine

#### Course #: 35

Presenter: George Roenning  
Coordinator: John Swanson, 920-743-4786  
E-Mail: swanpiper@yahoo.com  
Date: Thursday, March 9  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: NWTC  
Limit: 20

Over the last 100 years, the evolution of medicine has been remarkable, but what came before? In this class we will discuss the history of medicine dating back several millennia and how it relates to current medical practice. We will also discuss the evolution of some specific therapies over this time.

**Area of Interest:** *Health-Fitness-Science*

## HELPFUL HINTS FOR A FULFILLING SEMESTER

Please register only for the classes you plan to attend.

### Holocaust: Millie's Story Revisited

#### Course #: 36

Presenter: Marcia Kritzler-Egeland  
Coordinator: Bill Utley, 920-333-0523  
E-Mail: butley2@gmail.com  
Date: Wednesday, May 10  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: Crossroads at Big Creek  
Limit: 70

Marcia will tell the story of her mother, Mildred Straahs- Kritzler, beginning with her permanent separation from her parents at age 9, and her rescue by the American Quakers resulting in her arrival in the United States in 1941 at age 12. Marcia's presentation includes detailed facts of her mother's escape as well as information about the fate of her parents and the escape of her brother Walter from the death camps.

**Area of Interest:** *History-Culture-Government*

### Hospice 101 and Advance Directives

#### Course #: 37

Presenter: Dr. Amy James & Cathy Mileski, TN  
Coordinator: Mary Koski, 920-493-9345  
E-Mail: marykoski25@gmail.com  
Date: Tuesday, March 7  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: NWTC  
Limit: 25

The **Hospice 101** segment will cover hospice benefits for the entire family, hospice philosophy, eligibility guidelines and benefits and the difference between Hospice, Palliative and Acute care.

The **Advance Directive** segment will discuss the fact that we plan for everything – our wedding, vacations, careers, and retirement. Yet, most of us avoid planning our own end-of-life. If we don't share our healthcare wishes with those we love, others may take over at the time we are most vulnerable. A Unity Hospice social worker will discuss the benefits of advance planning, initiating the end-of-life care conversation, myths associated with hospice and how to refer a loved one.

**Area of Interest:** *Senior Issues*

### How Civility Can Reduce Bias

#### Course #: 38 In-Person

#### Course #: 38 Zoom

Presenter: Mark Nelson, Elisha Adelman  
Coordinator: Mary Beth Williams, 920-746-4070  
E-Mail: mbwilliams3045@gmail.com  
Date: Mondays March 13 & 20  
Session(s): 2  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC, Zoom  
Limit: 12 In-Person, 10 Zoom

Civility vs. Implicit Bias. Learn how to use the nine tools of the **Speak Your Peace** program: pay attention, listen, be inclusive, do not gossip, show respect, be agreeable, apologize, give constructive criticism, and take responsibility to avoid committing destructive interactions caused by implicit bias.

**Area of Interest:** *History-Culture-Government*

### If You Don't Tell Your Story, It's Gone Forever

#### Course #: 39

Presenter: John Koski  
Coordinator: Mary Koski, 920-493-9345  
E-Mail: marykoski25@gmail.com  
Date: Tuesday, March 28  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 30

This course will take a detailed insider's look at the presenter's recently completed book *Thankfulness: If You Don't Tell Your Story It's Gone- It's Gone Forever*. Part autobiography, part storytelling, part poetry, part photography. *Thankfulness* is the author's conscious attempt to leave something tangible of himself for future generations. The book's format consists of one entry for each of 365 days. The presenter will offer suggestions and provide examples on how course attendees can record important or interesting elements of their own lives. "Everyone has a story to tell that others can appreciate and learn from," Koski says. "*Thankfulness* is how I told my story." Come to class and learn how to tell yours.

**Area of Interest:** *Language-Literature-Writing*

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\*Class limits may change to due to CDC guidelines



### **In This Economy?!**

**Course #: 40**

Presenter: John D. Weninger, CFP

Coordinator: Pat Long, 920-559-6644

E-Mail: plong79@hotmail.com

Date: Thursday, March 23

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 30

Inflation is at levels not seen in nearly four decades. Interest rates are rapidly increasing. Economic growth is beginning to slow. It's easy to ask the question how you'll enjoy a confident retirement, "In This Economy?!" Join John Weninger, CFP, a Senior Wealth Advisor with Endowment Wealth Management as we look at making smart investment, tax, and estate planning decisions "In This Economy!" Class participation and questions are encouraged.

**Area of Interest:** *Senior Issue*

### **Insects Bug Me**

**Course #: 41**

Presenter: Charlotte Lukes

Coordinator: John Swanson, 920-743-4786

E-Mail: swanpiper@yahoo.com

Date: Thursday, April 27

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Crossroads at Big Creek

Limit: 70

Insects Bug Me is a close-up look at many critters that inhabit our yards, gardens, and wildlife areas. It includes beetles, bugs, wasps, flies, grasshoppers, caterpillars, butterflies, moths, spiders, and dragonflies.

**Area of Interest:** *Environment-Nature*

## **HELPFUL HINTS FOR A FULFILLING SEMESTER**

### **PLEASE BE CONSIDERATE!**

If you are unable to attend a confirmed course for any reason, please contact the course coordinator as listed in the catalog.

### **Introduction to Altrusa of Door County**

**Course #: 42**

Presenter: Maureen Fear

Coordinator: Audrey Perry, 920-255-3100

E-Mail: aapwi@hotmail.com

Date: Wednesday, February 15

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 30

We are a charitable organization whose mission is Literacy. We are best known for our [Back to School Fair](#), but we have several programs that support Door County from birth and beyond.

**Area of Interest:** *Door County Focus*

### **Is An Electric Car for You? AM**

**Course #: 43**

Presenter: Guy Fortin and Judy Samida

Coordinator: Bill Utley, 920-333-0523

E-Mail: butley2@gmail.com

Date: Monday, May 8

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Meet at the DC Coffee Parking Lot

Limit: 12

Is there an E.V. (electric vehicle) in your future? The odds are getting better that your next vehicle, new or used, will be electrically powered, some way or other, if so, what are the pros and cons in your decision to purchase?

What should you look for in an E.V.

- Initial cost
- Maintenance cost
- Repair cost
- Fuel cost
- Government rebates

These topics and many others will be addressed in the presentation. As a bonus, after class, if time permits, and you are interested, you will have an opportunity to drive an E.V. Same as #44

**Area of Interest:** *Math-Science-Technology*

### **Is An Electric Car for You? PM**

**Course #: 44**

Presenter: Guy Fortin and Judy Samida

Coordinator: Bill Utley, 920-493-0523

E-Mail: butley2@gmail.com

Date: Monday, May 8

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Meet at the DC Coffee Parking Lot

Limit: 12

Is there an E.V. (electric vehicle) in your future?

The odds are getting better that your next vehicle, new or used, will be electrically powered, some way or other, if so, what are the pros and cons in your decision to purchase?

What should you look for in an E.V.

- Initial cost
- Maintenance cost
- Repair cost
- Fuel cost
- Government rebates

These topics and many others will be addressed in the presentation. As a bonus, after class, if time permits, and you are interested, you will have an opportunity to drive an E.V. Same as #43

**Area of Interest:** *Math-Science-Technology*

### **Is That Really True?**

**Course #: 45**

Presenter: George Roenning

Coordinator: DCLIR Office, 920-746-4947

E-Mail: DCLIR@NWTC.edu

Date: Wednesday, March 22

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 30

We are regularly presented with statements, whether it be in politics, acquaintances' comments, the media (broadcast or especially social) or other sources which raise the question "Is that really true?" In this class you will be given strategies and resources to address this question using critical thinking and a structured approach.

**Area of Interest:** *History-Culture-Government*

### **Jacksonport History told Through the Erskine Story**

**Course #: 46**

Presenter: Marilyn M. Hein

Coordinator: Sher Rockway, 630-846-1052

E-Mail: shrock10@gmail.com

Date: Monday, April 24

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 30

This will be my next book. This presentation will include the information I share when I lead a hike at the Door County Land Trust site, Erskine Woods, which had been part of my grandparent's property. The first white settlers came to Jacksonport over 170 years ago and lived alongside the Potawatomi Indians, who had villages from Hibbard Creek to Heins Creek. The sawmills and the Homestead Act helped Jacksonport grow to become a thriving town until the lumbering boom ended. Those who stayed survived the Great Depression by fishing and farming. Jacksonport became a quiet place for families to spend their vacation.

**Area of Interest:** *Door County Focus*

### **Jigs, Reels, and Hornpipes**

**Course #: 47**

Presenter: Door County Folk Alliance

Coordinator: DCLIR Office, 920-746-4947

E-Mail: DCLIR@NWTC.edu

Date: Thursday, April 13

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: ADRC

Limit: 50

The Door County Folk Alliance will play a variety of Irish, British, Early American and Scandinavian folk and dance tunes. Folk Alliance members will play fiddles, guitars, mandolin, ukulele, Irish drum, and flute. Participants may be invited to dance a little too!

**Area of Interest:** *History-Culture-Government*

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## Joint Pain

### Course #: 48

Presenter: Dr. Daniel Tomaszewski  
Coordinator: Fran Uteg, 706-781-5900  
E-Mail: fran.uteg@gmail.com  
Date: Wednesday, February 22  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 25

Dr. Tomaszewski, DCMC Orthopedic Surgeon will discuss, in an open forum format, the symptoms, causes, and treatment options of joint pain. Participants are encouraged to ask questions during the presentation.

**Area of Interest:** Health-Fitness-Science

## Laugh and Learn About Your Grandkids – and their Parents

### Course #: 49 Zoom

Presenter: Cheryl Stritzel McCarthy  
Coordinator: Mary Koski, 920-493-9345  
E-Mail: marykoski25@gmail.com  
Date: Wednesday, February 22  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: Zoom  
Limit: 25

Author presentation of the rollicking true story of a family of nine children growing up in a Midwest town in the '60s and '70s. Through excerpts from her hilarious book "Many Hands Make Light Work: A Memoir," author Cheryl Stritzel McCarthy shares stories of how families used to do it. Reviewers have called it "a blueprint for the modern family," "utterly delightful" and "the most cheerful childhood memoir ever." There are a limited number of books available for purchase in the DCLIR office.

**Area of Interest:** Language-Literature-Writing

## Marketplace & Medicare: Know Your Health Insurance Options

### Course #: 50 In-Person

### Course #: 50 Zoom

Presenter: Melissa Andrews  
Coordinator: DCLIR Office, 920-746-4947  
E-Mail: DCLIR@NWTC.edu  
Date: Monday, February 20  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC, Zoom  
Limit: 20 In-person, 20 Zoom

Are you overwhelmed and unsure about your health insurance options? Are you or your spouse planning retirement and need guidance on developing a plan? Join Melissa Andrews of Olive Benefits for an educational session discussing your health insurance options and gain tips on how to compare them, ensuring you make an informed choice.

**Area of Interest:** Senior Issues

## Modern Dairy Farm Tour

### Course #: 51

Presenter: Olson Family  
Coordinator: Joanne Hicks, 920-746-4947  
E-Mail: Joanne.Hicks@NWTC.edu  
Date: Tuesday, April 11  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: Olson Family Farm  
Limit: 20

We will have a tour of our robotic milking facility and a chance to see how our animals are raised, fed and cared for.

**Area of Interest:** Door County Focus

## HELPFUL HINTS FOR A FULFILLING SEMESTER

**KEEP YOUR CATALOG** and **confirmation letter or email** for future reference! Find course listings, coordinator contact information, times, dates, location, and fees. You will also find the catalog, updates and/or changes to the schedule on our website at [nwtc.edu/LIR](http://nwtc.edu/LIR).

## Native Americans and White Americans- A Clash of Cultures

### Course #: 52 Zoom

Presenter: Lou Covotsos  
Coordinator: Renée Bauernfeind, 920-246-4682  
E-Mail: rjk2247@gmail.com  
Date: Mondays April 3, 10, 17, 24  
Session(s): 4  
Time: 10:00 a.m. - 12:30 p.m.  
Location: Zoom  
Limit: 25

From the first encounters to assimilation to the termination policy in the 20th century, Indians and white Americans have collided, too often violently, over a cultural divide. This class will explore this cultural collision from the very first encounters, through the colonial period, early republic, removal, assimilation, termination, and red power of the 20th century. Was the white American policy "genocide," as some historians have contended? Did the reformers who sought to solve the "Indian Problem" cause more harm than good? Did the termination policy of the 20th century produce an even greater dependence on the federal government than intended? These and other questions will be discussed objectively, fairly, and even-handedly.

**Area of Interest:** History-Government-Culture

## Paper Basket Weaving

### Course #: 53

Presenter: Megan Dietz  
Coordinator: Mary Koski, 920-493-9345  
E-Mail: marykoski25@gmail.com  
Date: Fridays, March 10, 17 and 24  
Session(s): 3  
Time: 9:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 8  
Fee: \$25 payable with registration

Learn to weave a basket from beautifully painted paper. In the first session you will be painting your paper using a variety of acrylic paints. The other two sessions will be devoted to weaving the paper into a cat-head style basket that is a perfect size to use on a table as a candy dish or to hold artificial flowers. No prior weaving experience is necessary; all necessary materials are provided. Baskets can be decorated with beads (not provided.)

Contact presenter at [bayshorebaskets@yahoo.com](mailto:bayshorebaskets@yahoo.com) prior to class for information on bead sizes and quantities, which will be discussed during the first class.

**NOTE: YOU MUST BE PRESENT AT THE FIRST CLASS IF YOU WISH TO CONTINUE.**

First class: Wear old clothes. Bring stamps, sponges, or special brushes, if you like; paint and basic brushes will be provided. You will be painting your own paper for your basket, and it can get messy! Second and third classes: bring a pencil, ruler, or tape measure (measure up to 6 inches), and sharp scissors for paper. Paper, floss, and other tools will be provided.

**Area of Interest:** Craft-Game-Hobby

## Peace, Love & Rock 'n Roll, Part 2

### Course #: 54

Presenter: Steve Gomoll  
Coordinator: Renée Bauernfeind, 920-246-4682  
E-Mail: rjk2247@gmail.com  
Date: Tuesday, April 25  
Session(s): 1  
Time: 1:00 p.m. - 3:30 p.m.  
Location: NWTC  
Limit: 30

In Part 2 of the presentations on the History of Rock 'N Roll, we'll look at the continued evolution of music and the emergence of new artists. Our journey through the years 1966-1975 will take us into the Summer of Love and on to Woodstock, one of the most important musical events in modern history. As music becomes heavier and more psychedelic, the charts are still dominated by Pop, Bubble Gum, and new teen idols. Soft Rock counters the Heavy Rock in the early 1970's and then yields to the Disco Era as we conclude the series. You will enjoy an extended "trip" down memory lane as we rock through the sounds and images of another decade of change.

**Area of Interest:** History-Culture-Government

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## Pirates of Chemotherapy: The Rehearsals

### Course #: 55

Presenter: Renée Kujawski

Coordinator: Renée Kujawski (Bauernfeind),  
920-246-4682

E-Mail: rjk2247@gmail.com

Date: Wednesdays March 15, 29  
April 12, 19, 26

Session(s): 7 sessions,  
(5 rehearsals and 2 performances  
on May 3-4)

Time: 1:00 p.m. - 4:00 p.m.

Location: NWTC

Limit: 6-8

This course will present a staged reading of Paul Shutte's dramatic comedy, *The Pirates of Chemotherapy*, about a breast cancer support group of very eclectic characters that decide to branch out of the typical support group mold in their own unique way. There will be 5 rehearsals: March 15, 29, April 12, 19 and 26 and we will skip the weeks of school spring break and Easter. There will be two performances on Wednesday, May 3 in the DCLIR classroom and Thursday, May 4 at the ADRC. These performances will be open to DCLIR members and a limited number of their friends or relatives. No memorization is required, but participants should be comfortable speaking in public. NOTE: This course partners with Courses #55-56, *The Pirates of Chemotherapy – The Performances*.

For 34 years, Paul Shutte has been an aeronautical engineer at NASA's Langley Research Center in Hampton, Virginia. But that's just his day job – he's also an actor and a playwright – and 13 years ago he wrote *Pirates of The Chemotherapy*, (*The Pirates of Chemo*). The play has been produced 22 times in 14 states and has raised nearly \$30,000 for breast cancer support.

**Area of Interest:** *Language-Literature-Writing*

## Pirates of Chemotherapy: The Performances

### Course #: 56

Presenter: Renée Kujawski

Coordinator: Renée Kujawski, 920-246-4682

E-Mail: rjk2247@gmail.com

Date: Wednesday, May 3

Session(s): 1

Time: 1:00 p.m. - 4:00 p.m.

Location: NWTC

Limit: 30

Performed on Wednesday May 3 at DCLIR's classroom at NWTC and Thursday, May 4 at the ADRC. This is a staged reading of Paul Shutte's dramatic comedy, "*The Pirates of Chemo*," about a breast cancer support group of very eclectic characters that decide to branch out of the typical support group mold in their own unique way. The playwright, Paul Shutte has been an aeronautical engineer at NASA's Langley Research Center in Hampton, Virginia for 34 years. But that's just his day job – he's also an actor and a playwright – and 13 years ago he wrote *Pirates of The Chemotherapy*, (*The Pirates of Chemo*). The play has been produced 22 times in 14 states and has raised nearly \$30,000 for breast cancer support. There will be no admission, but all donations will be gratefully accepted and will be donated 100% to the Sue Baldwin Fund of Sister Bay, WI. Presenter Renée Kujawski is a retired actor, director, and theatrical jack of all trades. She has acted/directed for Evergreen Theatre (Green Bay,) Third Avenue Playworks (f/k/a TAPWorks,) Isadoora Theatre Company and Sturgeon Bay High School Musical Theatre.

**Area of Interest:** *Language-Literature-Writing*

## HELPFUL HINTS FOR A FULFILLING SEMESTER

### DO YOU WANT TO REGISTER FOR ADDITIONAL CLASSES?

- Check online member portal.
- You will be able to register for a class if space is available. If the class has been filled you have the option of choosing the Wait List.

## Pirates of Chemotherapy: The Performances

### Course #: 57

Presenter: Renée Kujawski

Coordinator: Monica Nelson, 920-746-4947

E-Mail: Monica.Nelson@nwtc.edu

Date: Thursday, May 4

Session(s): 1

Time: 1:00 p.m. - 4:00 p.m.

Location: ADRC

Limit: 50

Performed on Wednesday, May 3 at DCLIR's classroom at NWTC and Thursday, May 4 at the ADRC. This is a staged reading of Paul Shutte's dramatic comedy, "*The Pirates of Chemo*," about a breast cancer support group of very eclectic characters that decide to branch out of the typical support group mold in their own unique way. The playwright, Paul Shutte has been an aeronautical engineer at NASA's Langley Research Center in Hampton, Virginia for 34 years. But that's just his day job – he's also an actor and a playwright – and 13 years ago he wrote *Pirates of The Chemotherapy*, n/k/a *The Pirates of Chemo*. The play has been produced 22 times in 14 states and has raised nearly \$30,000 for breast cancer support. There will be no admission, but all donations will be gratefully accepted and will be donated 100% to the Sue Baldwin Fund of Sister Bay, WI. Presenter Renée Kujawski is a retired actor, director, and theatrical jack of all trades. She has acted/directed for Evergreen Theatre (Green Bay,) Third Avenue Playworks (f/k/a TAPWorks,) Isadoora Theatre Company, and Sturgeon Bay High School Musical Theatre.

**Area of Interest:** *Language-Literature-Writing*

## HELPFUL HINTS FOR A FULFILLING SEMESTER

### INCLEMENT WEATHER?

When Sturgeon Bay Public School OR NWTC classes are canceled due to inclement weather, DCLIR classes will also be canceled. Watch or listen for school closings on your local TV or radio stations or check NWTC's website at nwtc.edu.

## Probate Basics

### Course #: 58 In-Person

### Course #: 58 Zoom

Presenter: Jennifer Moeller

Coordinator: Fran Uteg, 706-781-5900

E-Mail: fran.uteg@gmail.com

Date: Thursday, March 2

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC, Zoom

Limit: 30 In-person, 25 Zoom

Probate Basics is an overview of probate court including discussion concerning wills, probate of estate, and select issues related to guardianship. Attendees will learn what happens when a person passes away. We will discuss considerations before a death. Time will be set aside for questions. No legal advice will be provided.

**Area of Interest:** *Senior Issues*

## Quantum Technology: Basic Cyber and Internet Security

### Course #: 59 In-Person

### Course #: 59 Zoom

Presenter: Nathan Drager

Coordinator: Renée Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com

Date: Thursday, April 20

Session(s): 1

Time: 1:00 p.m - 3:00 p.m.

Location: NWTC, Zoom

Limit: 30 In-person, 25 Zoom

The focus of this class will be on the new types of remote scams, often triggered by a phone call, or pop-up ad on the victim's computer. We will be presenting information on how to identify these types of scams, and how to take proactive and preventive measures against these attacks. This will include the proper implementation and use of security and firewall software, as well as an understanding of the concepts and techniques employed in these attacks. We will also touch on what steps to take if you have been the target of an attack, how to secure the device, and what can be done to further protect your credit and identity. *This class adapts to the changing environment of the internet, so even if you've taken it before- it's always worthwhile to repeat it!*

**Area of Interest:** *Math-Science-Technology*

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## Quantum Technology: Basics of Wi-Fi

Course #: 60 In-Person

Course #: 60 Zoom

Presenter: Nathan Drager

Coordinator: DCLIR Office, 920-746-4947

E-Mail: DCLIR@NWTC.edu

Date: Thursday, February 23

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC, Zoom

Limit: 30 In-person, 25 Zoom

Did you know that the responsibility of all internet service providers stops at the wall of your home? Once the signal is inside your house, it's up to you to troubleshoot your connection issues- and this class can help you with that. You won't need to be an IT genius to do it, either. This course will teach you the basics of Wi-Fi and demonstrate how to get the most out of your wireless network. Topics will include proper router setup and placement, wireless security, addressing dead spots, how to lower your internet bill, extenders and (regulars?), and alternatives to ISP-provided Wi-Fi. We will try to address your individual questions, but since everyone owns a variety of devices and uses different internet plans, we will do our best to answer your concerns, or point you in the right direction.

**Area of Interest:** Math-Science-Technology

## HELPFUL HINTS FOR A FULFILLING SEMESTER

Please note: in the interest of saving ink and a few trees, most handouts will be digital/email only.

## Quantum Technology: Computer Backup and Disaster Recovery

Course #: 61 In-Person

Course #: 61 Zoom

Presenter: Nathan Drager

Coordinator: Renée Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com

Date: Monday, March 27

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC, Zoom

Limit: 30 In-person, 25 Zoom

The focus of this course will be on backing up your computer, with an emphasis on building a routine, automated backup system. Instruction will be given on performing this task using the free, built-in tools included with both Mac and Windows operating systems. We will discuss various types of backup devices, how to backup multiple devices to One Drive, cloud storage and offsite backup options, and how to restore your computer from a backup. *This class adapts to the changing environment of the internet, so even if you've taken it before- it's always worthwhile to repeat it!*

**Area of Interest:** Math-Science-Technology

## HELPFUL HINTS FOR A FULFILLING SEMESTER

### CLASS FEE

Class fees (for materials, admission to an onsite venue, etc.) are due with registration. Fees collected cannot be refunded unless a replacement is confirmed to fill the seat. Please note that the fees collected will have already been forwarded to the presenter or venue to use in preparing for the class.

Please notify the class coordinator as soon as possible if you cannot attend. It often takes the coordinator more than a week to find a replacement. No refunds are guaranteed.

Registration Confirmation of classes is by email.

## Quantum Technology: Learning to Use Your Apple/Mac Device

Course #: 62 In-Person

Course #: 62 Zoom

Presenter: Erin Helgeson

Coordinator: Pat Long, 920-559-6644

E-Mail: plpng79@hotmail.com

Date: Monday, May 1

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC, Zoom

Limit: 30 In Person, 25 Zoom

So, you acquired a fancy, new Apple/Mac iThingy, but don't know the first thing about getting it to work for you. Or, maybe you have more advanced questions about your device. In either case, this class is the right place to solve your problems. Instead of letting your iPhone, iPad or iMac laptop just sit there in its box, macMommy Erin will answer your questions, help you get started, and demonstrate the many useful ways your device can make your life a bit easier. This class adapts to the changing features of Apple/Mac devices, so even if you've taken it before- it's always worthwhile to repeat it!

**Area of Interest:** Math-Science-Technology

## Recorders in Concert

Course #: 63

Presenter: Denise Jacobs

Coordinator: Mary Beth Williams, 920-746-4070

E-Mail: mbwilliams3045@gmail.com

Date: Tuesday, April 18

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 30

Enjoy a concert that combines the history of music with information about early woodwind instruments. You'll be taken on a journey from medieval to modern music with Recorders on The Door, an instrumental group formed in 2021. We will show and play five different sizes of recorders, talk about their development, and describe the music being played. You'll be surprised at what recorders can do.

**Area of Interest:** Craft-Game-Hobby

## Retirement Roadblocks, 7 Financial Risks to Avoid

Course #: 64 In-Person

Course #: 64 Zoom

Presenter: David Lenius

Coordinator: Fran Uteg, 706-781-5900

E-Mail: fran.uteg@gmail.com

Date: Monday, February 13

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC, Zoom

Limit: 30 In-Person, 25 Zoom

This course will look at seven of the most common financial roadblocks to retirement using siblings Bill and Jill as examples as they head out on their retirement journey. It is intended for people preparing to start retirement as well as people already retired. The topics covered will be Longevity Risk, Inflation Risk, Sequence of Returns Risk, Withdrawal Rate Risk, Social Security Risk, Healthcare Risk, and Taxation Risk.

**Area of Interest:** Senior Issues

## Ridin' the Rails - A Month - Long Amtrak Adventure

Course #: 65 In-Person

Course #: 65 Zoom

Presenter: Jim Mitsche

Coordinator: John Swanson, 920-743-4786

E-Mail: swanpiper@yahoo.com

Date: Tuesday, May 2

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC, Zoom

Limit: 30 In-Person, 25 Zoom

Ever think about getting on a train and wandering around for a while? We did just that. In September 2022 my wife and I bought a month-long Amtrak pass and went on a 6,300-mile, western US city, and national park adventure. Come to hear and see how it went and learn the plusses and minuses of extended USA train travel. This travelogue will highlight some of the sights and provide recommendations and hints if you are thinking about ridin' the rails yourself.

**Area of Interest:** Travel

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\*Class limits may change to due to CDC guidelines

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## Sinking of the Titanic

### Course #: 66

Presenter: Virginia Feld Johnson

Coordinator: Don Guth, 920-255-3174

E-Mail: donguth@icloud.com

Date: Tuesday, March 21

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 30

Connections to Brown and Kewaunee Counties with the Minaham family about the greed that led to the iceberg, etc. No shakedown cruise, lack of safety procedures, and what happened because of it. People on the ship, immigrants in third class, dogs, and more.

**Area of Interest:** *History-Culture-Government*

## Shakespeare's Classic Comedy

### Course #: 67

Presenter: Candice Colombo, Erika May

Coordinator: Renée Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com

Date: Thursdays February 16, 23  
March 2, 9

Session(s): 4

Time: 10:00 a.m. - 12:00 p.m.

Location: ADRC

Limit: 50

Conflicts abound in William Shakespeare's "A Midsummer Night's Dream" making it one of Shakespeare's most loved and popular plays. Several subplots revolve around the marriage of Theseus, Duke of Athens, and Hippolyta, queen of the Amazons. What theater goer doesn't love a royal wedding, fairies and fairy dust? This is one of Shakespeare's most popular plays and one you are sure to enjoy. Come join us for a closer look at "A Midsummer Night's Dream" by William Shakespeare.

**Area of Interest:** *Language-Literature-Writing*

## Soap Making

### Course #: 68

Presenter: Ann Emmerich

Coordinator: Laurel Wise, 920-743-1764

E-Mail: ljwise5589@gmail.com

Date: Wednesday, April 12

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 15

**Fee:** \$10.00 fee due at the time of registration to guarantee your seat in the class.

Have you ever wanted to learn how to make your own soap or learn the chemistry behind it? Ann has been making soap for years and she, along with her daughter, had a small soap-making business. You will learn the triumphs and pitfalls of soap-making, and the chemistry behind turning simple ingredients into bars of gently moisturizing soap and will be given the resource information so you can make soap in your own kitchen. This class will be a demonstration of the process from start to finish. You will be close to the table to observe and then will be able to cut two bars from the loaf of soap Ann made the prior evening to take home with you.

**Area of Interest:** *Craft-Game-Hobby*

## HELPFUL HINTS FOR A FULFILLING SEMESTER

### DO YOU WANT TO REGISTER FOR ADDITIONAL CLASSES?

- Check online member portal.
- You will be able to register for a class if space is available. If the class has been filled you have the option of choosing the Wait List.

## Strawberry Creek Chinook Salmon Rearing Pond Tour

### Course #: 69

Presenter: Nick Legler

Coordinator: Mike LeClair, 920-901-9955

E-Mail: michaeln.leclair@yahoo.com

Date: Thursday, May 11

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Strawberry Creek Chinook Facility

Limit: 15

This class will tour the Wisconsin DNR's Strawberry Creek Chinook salmon facility during spring operations. Strawberry Creek is DNR's primary egg collection site for Chinook salmon. Over 100,000 small fingerling Chinook are stocked and reared at Strawberry Creek each spring, and then as mature adults these fish return to spawn during the fall. This tour will include an overview of Strawberry Creek, with an emphasis on spring monitoring, rearing, and feeding fish. There will be continuous walking and standing.

**Area of Interest:** *Environment-Nature*

## Stretching for Over 60

### Course #: 70

Presenter: Ann Emmerich

Coordinator: DCLIR Office, 920-746-4947

E-Mail: DCLIR@NWTC.edu

Date: Wednesday, April 19

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 15

Learn a simple stretching routine that will be easy to fit into your day. The program will be designed for people with good motion (can get on the floor) but also for those who prefer to exercise in or around a chair or bed. In addition to information on general fitness in aging, there will be plenty of time for Q&A. It will be a fun and interactive session. Come dressed in comfortable, loose-fitting clothing (not shorts) and socks. Please bring a bottle of water, a belt, a pillow, and a large towel.

**Area of Interest:** *Health-Fitness-Science*

## Still Life: Storytelling and Secret Messages

### Course #: 71

Presenter: Helen del Guidice

Coordinator: John Koski, 920-493-9344

E-Mail: sturgeonbay2@gmail.com

Date: Monday, February 20

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Miller Art Museum

Limit: 30

An hour presentation highlighting works from the Miller Art Museum's permanent collection, as they relate to masterworks. Curator Helen del Guidice will take us on a journey of still life through time. Explore how the art of visual storytelling through arranged objects began, endured, has been explored by art movements throughout history, and remains relevant today.

**Area of Interest:** *Language-Literature-Writing*

## Sturgeon Bay Grain Elevator:

### A Story of the Gilded Age

#### Course #: 72

Presenter: Larry Desotell

Coordinator: John Swanson, 920-743-4786

E-Mail: swanpiper@yahoo.com

Date: Tuesday, February 14 and 21

Session(s): 2

Time: 1:00 p.m. - 3:30 p.m.

Location: Crossroads at Big Creek

Limit: 80

The class will examine how the Teweles and Brandeis Grain Elevator was part of the broader pattern of economic changes in America in the period after the Civil War. In this regard, the class will see how factors such as the opening of land in the west, the railroad, and agricultural technology, including the invention of the grain elevator, operated to transform American economic, social, and political life. The class will analyze how farmers reacted to the development of monopolies, a national market, and an economy of scale through the Populist movement. The class will emphasize art and music to showcase the life of the farmer in the Nineteenth Century.

**Area of Interest:** *Door County Focus*

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**Susan and Elizabeth:  
A Friendship of Consequence**

**Course #: 73**

Presenter: Chris Milton, Susan Kohout  
Coordinator: Mary Beth Williams, 920-746-4070  
E-Mail: mbwilliams3045@gmail.com  
Date: Thursday, May 4  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: ADRC  
Limit: 50

Join us for "The Susan & Elizabeth Farewell Tour" 2023 will be the final year that "Susan & Elizabeth: A Friendship of Consequence" will be performed. All good things must come to an end – even this play which has been such a labor of love. Take this opportunity to celebrate the 103rd anniversary of the 19th Amendment by spending an hour with the two founders of the Women's Rights Movement - Susan B. Anthony and Elizabeth Cady Stanton. Learn how the 72- year struggle for the vote began.

This performance is a compilation of excerpts from the speeches, writings, and the letters of these two friends which have been shaped into a visioning of the final conversation between Anthony and Stanton. The ladies reminisce about their long and productive partnership in the struggle for women's suffrage and are occasionally "transported" back in time, as they recall a particular speech or letter.

**Area of Interest:** Language-Literature-Writing

**HELPFUL HINTS FOR A  
FULFILLING SEMESTER**

**DCLIR is a Volunteer Organization.**

Make a difference and get involved. Not sure what you want to get involved with as a volunteer for DCLIR? Contact any members of the Board of Directors or the Learning in Retirement Office at 920.746.4947.

**US Supreme Court on  
"The Right or Not to an Abortion"**

**Course #: 74**

Presenter: Michael Modl  
Coordinator: Jill Gaertner, 414-902-3676  
E-Mail: jillottog@gmail.com  
Date: Thursday, April 27  
Session(s): 1  
Time: 1:00 p.m. - 3:00 p.m.  
Location: NWTC  
Limit: 30

This course will examine the Supreme Court's opinion in **Roe v Wade** and the constitutional basis for the court's recognition of a woman's right to an abortion. The course will review key Supreme Court decisions on the subject of abortion post **Roe v Wade** and pre-Dobbs v Jackson Women's Health Org. Finally, the course will examine the Dobbs opinion and the reasons for the Court overturning **Roe v Wade**.

**Area of Interest:** History-Culture-Government

**Watercolor Pencils:  
A Fun and Versatile Medium**

**Course #: 75**

Presenter: Miriam Malenius & Hein Moritz  
Coordinator: Bonnie Connolly, 920-746-9199  
E-Mail: dconnoll@charter.net  
Date: Wednesday, May 3  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 12

A pencil in your hand, filled with pigment, is a unique tool. We will explore several techniques using water-soluble colored pencils. After a bit of practice, you will be able to use them to draw/paint your one-of-a-kind artwork. A supply list will be sent.

**Area of Interest:** Craft-Game-Hobby

**Welcome to the Garden Door 2023**

**Course #: 76**

Presenter: Mary Moster & Sue Kunz  
Coordinator: Joe Kopec, 920-818-0112  
E-Mail: joekopec@gmail.com  
Date: Thursday, May 18  
Session(s): 1  
Time: 10:00 a.m. - 12:00 p.m.  
Location: Peninsular Agricultural Research Station  
Limit: 20

This course will be a short introduction to Door County Master Gardeners and the history of their one-acre educational display garden at the UW-Extension Station on Highway 42. After an introductory lecture, participants will be taken on a guided tour of the garden, led by knowledgeable Master Gardeners, who will talk about the various gardens.

**Area of Interest:** Environment-Nature

**Wellness in Retirement**

**Course # 77**

Presenter: Judy Sargent  
Coordinator: Brenda Lange, 920-495-7903  
E-Mail: blange512@yahoo.com  
Date: Mondays, February 27, March 6, 13, 20  
Session(s): 4  
Time: 1:00 p.m. - 3:00 p.m.  
Location: NWTC  
Limit: 30

In this series, participants will engage in four sessions focused on healthy lifestyle behaviors during retirement. The sessions are designed to both provide information, as well as foster personal reflection on lifestyle wellness habits. Based on current research on the power of healthy behaviors to reduce and prevent symptoms of chronic diseases, four sessions will provide focus for individual contemplation regarding future healthy choices. The sessions include: Session 1-Healthy Nutrition; Session 2-Practical Physical Activity; Session 3-Mindfulness for Wellness; and Session 4-Lifestyle Factors for Health and Wellness. The goal is for participants to reflect on their own healthy behaviors and note ideas for positive change in their wellness journey.

**Area of Interest:** Senior Issues

**Whodunit?**

**Course #: 78**

Presenter: Lynn Kaczmarek  
Coordinator: Liz Orlock, 920-559-9235  
E-Mail: liz.orlock@gmail.com  
Date: Thursdays, February 16, March 2, 16, 30, April 13, 27  
Session(s): 6  
Time: 10:00 a.m. - 12:00 p.m.  
Location: NWTC  
Limit: 15

Wondering what to read next? Join our mystery reading and discussion group. Lynn Kaczmarek, retired Managing Editor of the national publication "Mystery News," will lead the group, introducing you to new and not-so-new authors in five sub-genres: British, Historical, Lawyers, et. al, Australia/Canada setting, and Wild Card. There are over 1500 mysteries published every year. Let us help you find the ones that are just right for you! Come to the first class prepared to talk about your favorite (or most recently read) mystery.

**Area of Interest:** Language-Literature-Writing

**Woodshop 101**

**Course #: 79**

Presenter: Steve Ofenbeck  
Coordinator: Ann Emmerich, 920-639-2262  
E-Mail: Enid3420@gmail.com  
Date: Tuesday, April 11  
Session(s): 1  
Time: 12:30 p.m. - 4:30 p.m.  
Location: Ofenbeck Home  
Limit: 4  
Fee: \$45.00 fee due at the time of registration to guarantee your seat in the class.

Steve will explain what the different machines and tools do, how to operate them, and the safety practices for each. This is a hands-on class. At the end of the class, you will take home the project you have made. Same as #80

**Area of Interest:** Craft-Game-Hobby



### Woodshop 101

Course #: 80

Presenter: Steve Ofenbeck

Coordinator: Ann Emmerich, 920-639-2262

E-Mail: Enid3420@gmail.com

Date: Tuesday, April 18

Session(s): 1

Time: 12:30 p.m. - 4:30 p.m.

Location: Ofenbeck Home

Limit: 4

Fee: \$45.00 fee due at the time of registration to guarantee your seat in the class.

Steve will explain what the different machines and tools do, how to operate them, and the safety practices for each. This is a hands-on class. At the end of the class, you will take home the project you have made. Same as #79

**Area of Interest:** *Craft-Game-Hobby*

### HELPFUL HINTS FOR A FULFILLING SEMESTER

#### NOTE:

Please keep in mind that some classes may require more physical activity than others, i.e. walking over uneven terrain, stairs, standing in one place for an extended period of time, etc.

It is part of our mission to present an open, ongoing forum of life-long learning and the courses offered through DCLIR are led by volunteers. Any thoughts and opinions are expressly those of the presenter and attendees and not necessarily those of DCLIR.

### Woodwalk Gallery:

Watercolor Floral Greeting Card

Course #: 81

Presenter: Joslyn Villalpando

Coordinator: Joe Kopec, 920-818-0112

E-Mail: joekopec@gmail.com

Date: Monday, May 1

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Woodwalk Gallery

Limit: 20

Fee: \$5.00 fee due at the time of registration for watercolors and tray.

Joslyn Villalpando is thrilled to be teaching you the basics of watercolor, color mixing, and painting leaves and blooms. First, you'll fill a sheet with various leaves and blooms to practice and play. Then, she'll show you how to design and paint a little floral motif to design your own unique greeting cards. You'll leave with a watercolor palette and plenty of paper to continue creating. Joslyn is co-owner of Woodwalk Gallery in Egg Harbor. She, her husband, and their two young daughters moved from Chicago in July of 2022 to fulfill their dream of running Woodwalk. In Chicago, she spent 12 years in art education, earning her master's degree from the Art Institute of Chicago while teaching. She also started a workshop business 8 years ago to bring her love for teaching and curating unique gatherings to others. She teaches weaving, embroidery, watercolor, block printmaking, and macramé workshops. Please note: there are stairs leading to the studio in the barn.

**Area of Interest:** *Craft-Game-Hobby*

### HELPFUL HINTS FOR A FULFILLING SEMESTER

#### PRESENTERS:

Have you a skill or a topic you want to share? Become a DCLIR Presenter. Contact the office or go to [nwtc.edu/LIR](http://nwtc.edu/LIR) to obtain a Course Proposal form, complete it and return to the DCLIR Office.

Visit us at [nwtc.edu/LIR](http://nwtc.edu/LIR)

Learning in Retirement

## DOOR COUNTY LEARNING IN RETIREMENT REGISTRATION AND WORKSHEET Spring 2023 Registration Begins December 13th, 2022 and remains open throughout the term

**SPRING ONLY MEMBERSHIP FEE IS \$50.00  
IF REGISTERING IN PERSON OR BY MAIL  
MAKE CHECK PAYABLE TO "NWTC"**

Register online or complete one form per person.

(Form can be downloaded at [nwtc.edu/LIR](http://nwtc.edu/LIR) and mailed or emailed to the office)

- > **Mail to:** NWTC-DCLIR, 229 North 14th Avenue., Sturgeon Bay WI 54235
- > **Mail/Drop off** at the DCLIR office at NWTC. **Registration assistance by appointment.**
- > **Contact DCLIR Office:** 920-746-4947 • **Email:** [dclir@nwtc.edu](mailto:dclir@nwtc.edu)
- > **Assignment of courses** will be first-come, first served.  
Registration is computerized and is determined by date and time of registration.

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City/State/ZIP \_\_\_\_\_

Phone(s) \_\_\_\_\_ Email \_\_\_\_\_

	Course #	Course Title		Course #	Course Title
1st			8th		
2nd			9th		
3rd			10th		
4th			11th		
5th			12th		
6th			13th		
7th			14th		

I understand I can attend **only** the courses for which I have received written confirmation.

LAST NAME:

FIRST NAME



LEARNING IN RETIREMENT  
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Green Bay, WI 54307-9042

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# A GREAT IDEA FOR A CLASS WOULD BE...

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Do you know a presenter for this class?  Yes  No

Phone/E-mail for Presenter: \_\_\_\_\_

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I would be willing to contact them about this.

I would be willing to research this idea to see who could do it.

Your Name: \_\_\_\_\_

Your Phone/E-mail: \_\_\_\_\_

### Please return this to the DCLIR office

Door County Learning in Retirement • 920-746-4947 • dclir@nwtc.edu  
NWTC-Sturgeon Bay Campus, 229 N. 14th Avenue, Sturgeon Bay, WI 54235

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