



Learning in

2025 SPRING COURSE CATALOG

Door County Learning in Retirement

Online Registration nwtc.edu/LIR

Registration opens online and in-person at 9am on January 8, 2025

In-Person Registration Assistance By Appointment

Mail/Drop-Off Registrations Accepted



Door County Learning in Retirement | 920-746-4947 | Email: dclir@nwtc.edu

2024-2025 BOARD OF DIRECTORS

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SC111 - OFFICE & CLASSROOM:

Closest entrance and parking is on South side of building. Handicapped spaces are available. Call the office for wheelchair assistance.

Office hours –M-Th 9am - 3pm Summer hours may vary. Please call ahead.

Door County Learning in Retirement NWTC

229 North 14th Avenue Sturgeon Bay, WI 54235

Phone: 920-746-4947 E-mail: dclir@nwtc.edu Website: nwtc.edu/LIR

Facebook: facebook.com/newdclir

WELCOME TO DOOR COUNTY LEARNING IN RETIREMENT

PURSUE YOUR LOVE OF LEARNING

Door County Learning in Retirement (DCLIR) is dedicated to facilitating quality, lifelong learning in an open, ongoing forum for older adults in Northeastern Wisconsin. DCLIR classes are peer-led and intended to be informational and for the enjoyment of the participants. Presenters and Coordinators are volunteers.

DCLIR is sponsored in partnership with Northeast Wisconsin Technical College - Sturgeon Bay Campus.

- Spring 2025 classes are available in-person and on the ZOOM platform. Access to the ZOOM link for virtual classes will be emailed to registered members prior to the start date for each class.
- Classes are held at the NWTC-Sturgeon Bay Campus unless otherwise noted in the class descriptions.
 See locations page for specific addresses.

MEMBERSHIP

- Door County Learning in Retirement is a membership-only organization. An annual membership fee of \$70 paid with Fall registration covers both Fall and Spring terms. The Spring-only membership is \$50. Classes are open to registered members only.
- Registration remains open throughout the term.
 Membership can be purchased at any time.

REGISTRATION GUIDELINES

- Please register only for the classes you plan to attend.
- Purchase a membership, register, pay fees and manage classes online (encouraged).
- Mail or drop off registrations are accepted with the spring membership fee of \$50 and any specific class fees. (If paying by check, make payable to DCLIR).
- Class fees (for materials, admission to tours, etc.) are due with registration and are nonrefundable unless a replacement is found to fill the seat.
 Refunds are not guaranteed.
- You will receive an email of confirmation for classes in which you are enrolled. Please keep a copy of these emails. If you are on a wait list for a class, you will be contacted if, or when, a seat becomes available.

FINANCIAL ASSISTANCE is available

Contact the DCLIR Office for scholarship information.

Inclement Weather?

When NWTC, Sturgeon Bay classes are canceled due to inclement weather, DCLIR classes will also be canceled. Watch or listen for school closing on your local TV or radio stations or check NWTC's website at nwtc.edu.

Dear Friend of Door County Learning in Retirement,

We are pleased to present the Spring 2025 catalog of courses and the opportunity for you to participate in Door County Learning in Retirement.

We have over 100 course offerings this spring. We have many new courses and new presenters, and we have been able to bring back many of our favorite presenters and courses.

Thank you for your feedback which helps us improve our processes and serve you better. We have heard your concerns about the registration process, so we are opening both online and in-person registration on the same day at the same time.

Register early for the best selection. Please remember that classes fill up quickly. As you register, please sign up for only the classes you plan to attend and be sure to let the coordinator know well in advance if you find you cannot attend a class so that someone on the waitlist can be called to fill your place.

We appreciate your continued support of Door County Learning in Retirement as you pursue your love for lifelong learning.

Sincerely,

Mary Koski, Don Guth Curriculum Co-Chairs Door County Learning in Retirement

Registration Details

Register online

- > FIRST Access the DCLIR website at nwtc.edu/LIR
 - Do not use the Student Login. That is for NWTC students.
 - On the right side of the page, click on the blue button 'Online Registration'.
 - This brings you to the DCLIR Member Portal this portal enables you to update your contact information, purchase a membership with credit card, and register for classes.
- > SECOND go to the upper right-hand corner of the Member Portal page.
 - If you are a current user in the online site continue <u>login</u> with your username and password.
 - If you are new to online registration, go to the New User? Start Here link, just to the right of the Login box and follow the directions to create an account or click the Login button and follow the link new user > Create an Account now.
 - If you have forgotten your password, click on the link Forgot your username and/or password? Click here to reset.

Please notify the office if you enter an email address that is different from the one currently used for DCLIR messages or receive the message, "You have an account in our system, but it is not currently active."

Use a traditional registration form

- > Complete the form included in the catalog.
- > Mail or drop the form at the DCLIR office.
- > Include spring membership fee of \$50 and any applicable class fees. Make all checks payable to DCLIR. (Please note: We cannot accept credit cards in the office).

COURSES BY PLATFORM

All classes are in person with the addition of the following classes that have the Zoom option.

In-Person and ZOOM classes (blended)

Course # Title

05 ACA/Marketplace and Medicare

ZOOM only classes

Course # Title

100 Therapeutic Yoga for Back, Neck and Shoulders

Therapeutic Yoga for Low Back Health 101

DCLIR is a 501C3 organization. All donations are tax deductible. Please consider donating today.

COURSE LOCATION

ADRC: Aging and Disability Resource Center of Door County

916 N 14th Ave, Sturgeon Bay

Anchored Roots Winery 4873 Willow Rd, Egg Harbor

Anchors Away Garden & Gifts 1655 Vibernum St, Sturgeon Bay

Brey Cycle Farm, LLC 2190 County Road O, Sturgeon Bay

Cape Townsend Industries 507 Navarino St, Algoma

Cherryland Dairy Farm/ Henschel Sawmill 4926 W. Town Line Road, Sturgeon Bay

Crossroads at Big Creek 2041 Michigan St, Sturgeon Bay

DNR Strawberry Creek Chinook Facility (Hatchery) County Road U & Strawberry Lane, Sturgeon Bay

Door County Candle 5789 State Highway 42, Sturgeon Bay

Door County Coffee 5773 State Highway 42, Sturgeon Bay

Door County Land Trust (Sturgeon Bay Ship Canal Nature Preserve) 5340 Lake Lane & 5200 Lake Lane, Sturgeon Bay

Door County Land Trust 217 N. 4th Ave, Sturgeon Bay **Knights of Columbus Parking Lot** 692 Tacoma Beach Rd, Sturgeon Bay

Maritime Museum (Parking lot) 120 N. Madison Ave, Sturgeon Bay

MUSE Sturgeon Bay 330 Jefferson Street, Sturgeon Bay

Ofenbeck Woodshop 3422 N. Lake Michigan Dr, Sturgeon Bay

Olson Family Farms 580 County Road S, Sturgeon Bay

Peninsular Agricultural **Research Station** 4312 State Highway 42, Sturgeon Bay

SB Fire Department 421 N. Michigan St, Sturgeon Bay

Third Avenue Playworks 239 N. 3rd Ave, Sturgeon Bay

Wienke's Market 292 County Road S, Algoma

Woodwalk Gallery 6746 County G, Egg Harbor

YMCA 1900 Michigan St, Sturgeon Bay

*Classes are held at NWTC Sturgeon Bay unless otherwise noted.

February 2025

*Class limits may change due to CDC guidelines In-Person & Zoom Zoom Only

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
						1
2	3	4	#48 Ghost Ports 10-12 NWTC	#13 Boost Your Brain 10-12 ADRC 1/6 #46 Fun With Pastels 10-12 & 1-3 NWTC 1/2 #101 Therap Yoga - Low Back 11-12 ZOOM 1/4	7	8
9	10 #109 Trivia 101 10-12 NWTC	#54 How Technology 10-12 NWTC #1 Cultural Analysis 1-3:30 Crossroads 1/2	#27 Crossroads- Nature/Musical 10-12 Crossroads #122 Writing Your Obit 10-12 NWTC #8 At the Movies- Hollywood 1-4 Crossroads 1/2 #95 Stepping On 1-3 YMCA 1/7	#114 Whodunit 10-12 NWTC 1/6 #103 Biscotti 9-12 NWTC Kitchen #13 Boost -Brain 10-12 ADRC 2/6 #101 Therap Yoga- Low Back 11-12 ZOOM 2/4 #78 Polymer Clay 1-3:30 NWTC 1/3	14 VALENTINE'S DAY	15
16	#10 Bagel Making Made Easy 10-12 NWTC Kitchen #81 Quantum AI 101 10-12 NWTC #37 Health/Human Srvs. 1-3 NWTC	#5 ACA/Mkt & Medicare 10-12 NWTC/Zoom - 114 #91 Soap Making 10-12 NWTC #1 Cultural Analysis 1-3:30 Crossroads 2/2 #119 Woodshop 101 1-5 Ofenbeck Home	#22 CPR/AED 9-12:30 NWTC 1/2 #31 Dementia 101 10-12 ADRC #8 At the Movies- HOL 1-4 Crossroads 2/2 #59 Joint Pain 1-3 NWTC #95 Stepping On 1-3 YMCA 2/7	20 Board Meeting 8am #13 Boost Your Brain 10-12 ADRC 3/6 #101 Therap Yoga - Low Back 11-12 ZOOM 3/4 #120 Woodshop 101 1-5 Ofenbeck Home #78 Polymer Clay 1-3:30 NWTC 2/3	21	22
23	#43 Family Emergency 10-12 NWTC	#28 Crossroads- Nature - Paintings 10-12 Crossroads #55 How Well Know DC 10-12 NWTC	#22 First Aid 9-12:30 NWTC 2/2 #33 Dementia 10-11 ADRC #34 Dementia 11-12 ADRC #71 Nasty Men Op 10-12 MUSE 1/3 #95 Stepping On 1-3 YMCA 3/7	#114 Whodunit 10-12 NWTC 2/6 #13 Boost Your Brain 10-12 ADRC 4/6 #101 Therap Yoga - Low Back 11-12 ZOOM 4/4 #78 Polymer Clay 1-3:30 NWTC 3/3	28	

___ In-Person

In-Person & Zoom Zoom Only

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
						1
2	3	4	5	6	7	8
	#82 Quantum AI 102 10-12 NWTC	#18 Coffee 101 10-12 DC Coffee	#71 Nasty Men Opera 10-12 MUSE 2/3	#13 Boost Your Brain 10-12 ADRC 5/6	#74 Paper Basket 9-12 NWTC 1/3	
		#67 Mexican Train 1-3 NWTC	#89 Seed Saving 101 10-12 NWTC	#73 Orchid Research 1-3 NWTC		
			#95 Stepping On 1-3 YMCA 4/7	#92 Sourdough Bread 1-3 NWTC Kitchen		
9	10	11	12	13	14	15
DAYLIGHT SAVING	#98 Taking Better Photos 10-12	#110 Trivia 101 10-12 NWTC	#2 A Fine Kettle 10-12 NWTC 1/6	#114 Whodunit 10-12 NWTC 3/6	#74 Paper Basket 9-12 NWTC 2/3	
	NWTC #51 Hardanger	#64 Macrame Plant Hangers 1-3	#71 Nasty Men Op 10-12 MUSE 3/3	#13 Boost Your Brain 10-12 ADRC 6/6		
	12:30-2:30 ADRC 1/6	Woodwalk	#102 No Business Like Show	#20 Container Gardening -		
	#112 Wellness in Retire. 1-3 NWTC 1/4		1-3 NWTC #95 Stepping On	Design 1-3 NWTC		
			1-3 YMCA 5/7			
			1-3 Henschel Farm			
16	17 ST. PATRICK'S DAY	18	19	20 Board Meeting 8am	21	22
	#12 Behind Scenes DC Candle 10-12	#17 Civilian Response NWTC 10-12	#2 A Fine Kettle 10-12 NWTC 2/6	#30 Death Invest. 10-12 NWTC	#74 Paper Basket 9-12 NWTC 3/3	
	DC Candle #113 What do Trustees	#69 MUSE tour 10-12 Muse St. Bay	#38 DCLT- Past, Pres. Future 1-3 DCLT	#32 Dementia 201 10-12 ADRC		
	Do 10-12 NWTC #51 Hardanger		#95 Stepping On 1-3 YMCA 6/7	#80 Presidential Power 1-3 NWTC		
	12:30-2:30 ADRC 2/6					
	#112 Wellness in Retire. 1-3 NWTC 2/4					
23	24	25	26	27	28	29
	#72 Night It Rained Fire 10-12 NWTC	#16 Creative Roots 1/3 9-12 NWTC	#2 A Fine Kettle 10-12 NWTC 3/6	#114 Whodunit 10-12 NWTC 4/6		
	#51 Hardanger 12:30-2:30	#70 MUSE tour 1-3 Muse St. Bay	#93 Spring & Summer Fishing 1-3 NWTC	#49 Google Apps 1-3 NWTC 1/2		
	ADRC 3/6 #112 Wellness in Retire. 1-3 NWTC 3/4	#45 Fred Erskine 1-3 NWTC	#95 Stepping On 1-3 YMCA 7/7			
	#100Therap Yoga - 1-2 ZOOM 1/4					
30	31					
	#83 Quantum Avoiding Scams 10-12 NWTC					
	#51 Hardanger 12:30-2:30 ADRC 4/6					
	#112 Wellness in Retire. 1-3 NWTC 4/4					
	#100Therap Yoga - 1-2 ZOOM 2/4					

April 2025

*Class limits may change due to CDC guidelines

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
		1	2	3	4	5
		#16 Creative Roots 2/3 9-12 NWTC	#2 A Fine Kettle 10-12 NWTC 4/6	#7 Artist Trading Cards 10-12 NWTC	#75 Paper Basket Adv 9-12 NWTC 1/3	
		#94 Spring Photography 1-3 NWTC	#65 Making Opera- Verdi 10-12 MUSE 1/3	#11 Baking Memories 10-12 ADRC		
			#42 Ethical Tech 1-3 NWTC	#49 Google Apps 1-3 NWTC 2/2		
6	7	8	9	10	11	12
	#23 CPR/AED 9-12:30 NWTC 1/2	#16 Creative Roots 9-12 NWTC 3/3	#2 A Fine Kettle 10-12 NWTC 5/6	#68 Modern Dairy 10-12 Olson Farm	#75 Paper Basket Adv 9-12 NWTC 2/3	
	#61 Law & Psychology 1-3 NWTC 1/2	#19 Coffee 101 10-12 DC Coffee	#65 Making Opera- Verdi 10-12	#35 DICE Approach 10-12 ADRC		
	#51 Hardanger 1 12:30-2:30 ADRC 5/6	#79 Post Offices 1-3 NWTC	MUSE 2/3 #111 Trivia 101	#114 Whodunit 10-12 NWTC 5/6		
	#100 Therap Yoga - 1-2 ZOOM 3/4		1-3 NWTC	#116 Winemaker 1-3 Anchored Roots Winery		
				#121 Wreath Making 1-3 NWTC		
13	14	15 TAX DAY	16	17 Board Meeting 8am	18	19
	#23 First Aid 9-12:30 NWTC 2/2	#15 Care - Transitions 10-12 NWTC	#2 A Fine Kettle 10-12 NWTC 6/6	#47 Garden Totems 10-12 NWTC	#75 Paper Basket Adv 9-12 NWTC 3/3	
	#61 Law & Psychology 1-3 NWTC 2/2	#36 Dillon's Law 1-3 NWTC	#65 Making Opera- Verdi 10-12 MUSE 3/3	#9 At the Movies- Horizons 1-4 Crossroads 1/2		
	#51 Hardanger 1 12:30-2:30 ADRC 6/6		#104 Tour of CTI 10-12 CTI	#86 Regenerative Ag 1-3 Brey Farm		
	#100 Therap Yoga - 1-2 ZOOM 4/4		#6 Analysis - Amer. Hist. 1-3:30 Crossroads 1/2	#66 Mary Oliver 1-3 NWTC		
			#105 Tour of CTI 1-3 CTI			
20	21	22	23	24	25	26
EASTER SUNDAY	#88 ROADTRIP 10-12 NWTC 1/2	#44 For Love- Recorders	#3 A Novel Approach 10-12 NWTC	#114 Whodunit 10-12 NWTC 6/6		
	#50 Google Docs 1-3 NWTC 1/2	10-12 NWTC #108 Trailblazing Women 1-3	#6 Analysis - Amer. Hist. 1-3:30 Crossroads 2/2	#9 At the Movies- Horizons 1-4 Crossroads 2/2		
		NWTC 1/2	C103310443 27 2	#52 Heins Creek Story 1-3 NWTC		
				-		
27	28	29	30			
	#88 ROADTRIP 10-12 NWTC 2/2	#14 Broadway Musicals	#115 Wienke's Market Tour 10-12			
	#50 Google Docs	10-12 NWTC	Wienke's Market			
	1-3 NWTC 2/2	#108 Trailblazing Women 1-3 NWTC 2/2	#77 Plaited Baskets 1-3 NWTC			
		5 27 2				
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____ In-Person In-Person & Zoom

700m	Only
/ ()()()()	Only

Su	Monday	Tuesday	Wednesday	Thursday 1 #4 A Vacation- Canadian Rockies 10-12 NWTC #24 Creating Cards 1-3 NWTC	Friday 2	Sa 3
4	#25 Crossroads - Birding - Merlin 10-12 Crossroads #41 Estate Planning 10-12 NWTC #62 Law & Psycholgy Part 2 1-3 NWTC 1/2	#107 Tour of SBFD 10-12 SBFD #90 Slow Stitching 10-12 NWTC 1/2 #29 Cybersecurity 1-3 NWTC	7 #60 Kayaking 10-12 NWTC #85 Quantum Staying Safe Online 1-3 NWTC	#63 Lighthouses of Door County 10-12 NWTC #117 Woodfired Pizza 1-5 Gaertner Home	9 #99 TAP- Three Viewings 1-4 TAP	10
11 MOTHERS DAY	#53 Holocaust: Millie's Story 10-12 NWTC #56 Intro to Ancestry 10-12 NWTC Room 114 #97 Sturgeon Bay Walking Tour 10-12 Maritime Museum #62 Law & Psycholgy Part 2 1-3 NWTC 2/2	#26 Crossroads- Nature Classical Music 10-12 Crossroads #90 Slow Stitching 10-12 NWTC 2/2 #96 Strawberry Creek Chinook 10-12 Strawberry Crk #118 Woodfired Pizza 1-5 Gaertner Home	#76 Peninsular Ag 10-12 Penin. Ag Stat. #58 Jacksonport History 1-3 NWTC	15 Board Meeting 8am #84 Quantum Email/ Password Safety 10-12 NWTC #87 Regenerative Ag 1-3 Brey Farm	16	17
18	#57 Electric Car 10-12 Meet in Parking Lot of Do Co Coffee #21 Container Gardening - Workshop 1-3 Anchors Away	#39 DCLT- Ship Canal Hike AM 10-12 DCLT Ship Canal #40 DCLT- Ship Canal Hike AM 1-3 DCLT Ship Canal	21	22	23	24
25	26 MEMORIAL DAY	27	28	29	30	31

COURSE DESCRIPTIONS

A Cultural Analysis of the Great Depression

Course #: 01

Presenter: Larry Desotell

Coordinator: Tom Esau, 414-306-1750 E-Mail: us2.loons@gmail.com Date: Tuesday, February 11, 18

Session(s): 2

Time: 1:00 p.m. - 3:30 p.m. Location: Crossroads at Big Creek

Limit: 80

This class will analyze the culture that emerged in America during the 1930s as a response to the Great Depression. The class will examine this through art, movies, literature, sports, and the various events of the decade. It will also study the politics of the decade through the New Deal and the reaction to it economically and politically.

A Fine Kettle of Fish

Course #: 02

Presenter: John Stevenson & Ed Eickenberg Coordinator: Tom Gaertner, 414-791-9900

> E-Mail: tggaertner@gmail.com Date: Wednesday, March 12, 19, 26

April 2, 9, 16

Session(s): 6

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 25

Friendly, round table discussions of timely and/ or historic issues in domestic politics, foreign affairs, religion, education, business, science, healthcare, and sports led by the presenter or copresenter. We will base our discussions on news and opinion pieces drawn from sources such as The New York Times, The Wall Street Journal, USA Today, The Door County Advocate and from news covered by the mass media. A most important source is suggestions from our participants.

A Novel Approach

Course #: 03

Presenter: Stephanie Kroepfl & Jim Kroepfl Coordinator: Bonnie Connolly, 920-746-9199

> E-Mail: bc295802@gmail.com Date: Wednesday, April 23

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

What makes a great story that keeps readers turning pages well into the night? This lecture will teach writers to create a story that is well-written, solidly structured, and a page-turner. We will explore how to create interesting characters that readers will root for and against; how to show versus tell, and why you need to do both; how to relay information without losing the reader's interest; and how to set hooks that will keep your readers excited to learn what happens next. Finally, we will demonstrate simple, low-tech tools and structural techniques to save yourself months, or even years, of effort.

A Vacation in the Canadian Rockies: **Alberta and British Columbia**

Course #: 04

Presenter: Rosann Hollinger, David Hollinger Coordinator: Rosann Hollinger, 414-841-8492 E-Mail: rhollinger1979@gmail.com

Date: Thursday, May 1

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Join Rosann and David as they travel the Canadian Rockies through Alberta and British Columbia.

HELPFUL HINTS FOR A **FULFILLING SEMESTER**

Did you know that Door County Learning in Retirement has an updated Facebook account?

Facebook page is titled "Door County Learning in Retirement - DCLIR"

facebook.com/newdclir.

We update it frequently, so please check it out. And remember to "Like!" and "Share!"

ACA/Marketplace & Medicare:

Know Your Options

Course #: 05 In-person Course #: 05 Zoom

Presenter: Melissa Andrews

Coordinator: Laurel Wise, 920-743-1764 E-Mail: ljwise5589@gmail.com Date: Tuesday, February 18

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m. Location: NWTC-SC114, Zoom Limit: 20 In-person, 10 Zoom

Are you overwhelmed and unsure about your health insurance options? Are you or your spouse planning retirement and need guidance on developing a plan? Join Melissa Andrews of Olive Benefits for an educational session discussing your health insurance options and gain tips on how to compare them, ensuring you make an informed choice.

An Analysis of the Impact of Expansion in American History

Course #: 06

Presenter: Larry Desotell

Coordinator: Phoebe Howard, 510-326-0095

E-Mail: Phoebefrog2@gmail.com Date: Wednesday, April 16, 23

Session(s): 2

Time: 1:00 p.m. - 3:30 p.m. Location: Crossroads at Big Creek

Limit: 80

The class will examine the various periods of territorial expansion in American History. Included in this will be a study of colonial expansion, the Louisiana Territory, the acquisition of Texas, the war with Mexico, post-Civil War expansion including the building of the Transcontinental Railroad, conflict with the native tribes, and the Age of Imperialism. It will also deal with non-territorial expansion such as immigration, the building of the interstate system and the guest to reach the Moon. The presentation will use music, art, literature, and photos to convey a sense of the various eras in American history.

Artist Trading Cards (ATC's)

Course #: 07

Presenter: Miriam Malenius, Hein Moritz Coordinator: Hein Moritz, 865-292-8675

> E-Mail: Hein@moritz.org Date: Thursday, April 3

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 12

In this class, we will be creating Artist Trading Cards and exchanging them with other class members. Artist Trading Cards are 2 ½" by 3 ½" artistic creations on paper. All supplies will be provided. All you need to bring is your imagination and enthusiasm.

At the Movies: Hollywood Gets Depressed

Course #: 08

Presenter: Mike Orlock

Coordinator: Liz Orlock, 929-559-9235 E-Mail: liz.orlock@gmail.com

Date: Wednesday, February 12, 19

Session(s): 2

Time: 1:00 p.m. - 4:00 p.m. **Location**: Crossroads at Big Creek

Limit: 80

NOTE: This is a companion course to A Cultural Analysis of the Great Depression, Larry Desotell. The Great Depression had as profound an impact upon Hollywood as it did upon the rest of the country, vividly depicted in films made during the time of the Depression as well as generations later. This installment of At the Movies will feature two films, shown in conjunction with A Cultural Analysis of the Great Depression, that seek to dramatize the conditions, the people, and the experiences of that particular time in the nation's history. The first, The Grapes of Wrath, is John Ford's 1940 adaptation of John Steinbeck's classic novel, starring Henry Fonda as Tom Joad. The second, Bonnie and Clyde, is Arthur Penn's 1967 groundbreaking bio-pic about the infamous Depression era criminals who became icons of the era, starring Warren Beatty and Faye Dunaway.

At the Movies: Horizons West!

Course #: 09

Presenter: Mike Orlock

Coordinator: Liz Orlock, 929-559-9235

E-Mail: liz.orlock@gmail.com Date: Thursday, April 17, 24

Session(s): 2

Time: 1:00 p.m. - 4:00 p.m. Location: Crossroads at Big Creek

Limit: 80

The Western has long been a staple of Hollywood movie making and myth making, creating a uniquely American prototype and hero: the frontiersman, seeking new horizons and willing to brave unknown hardships and struggle in pursuit of the American Dream. This installment of At the Movies will consider, in conjunction with the history course An Analysis of the Impact of Expansion in American History, two films that helped create the characters and conditions we have elevated into myth: Shane, a classic western starring Alan Ladd as a mysterious gunfighter coming to the rescue of innocent farmers at odds with ruthless ranching interests; and *The* Man Who Shot Liberty Valance, John Ford's classic re-examination of American western mythology.

Bagel Making Made Easy

Course #: 10

Presenter: Jonathan Salit

Coordinator: Bonnie Connolly, 920-746-9199

E-Mail: bc295802@gmail.com Date: Monday, February 17

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Kitchen

Limit: 8

Fee: \$2.00 fee due at the time of your

registration to guarantee your

seat in the class.

Learn the process of forming, boiling and baking bagels. The dough making process will be discussed but the dough will be prepared for you. You will go home with a box of fresh baked bagels.

Baking Memories: Royal Icing Cookie Decorating

Course #: 11

Presenter: Sierra Witczak

Coordinator: Jill Gaertner, 414-902-3676

E-Mail: jillottog@gmail.com Date: Thursday, April 3

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: ADRC Limit: 8

Fee: \$20.00 due at the time of registration. Come learn some basic cookie decorating techniques on cutout cookies! This hands-on class covers different techniques for decorating cookies with royal icing. Each participant will receive a cookie kit that includes a dozen cookies, three piping bags of royal icing, and sprinkles. You will receive the royal icing recipe, gain some new skills, and take home your cookie creations to enjoy at the end of the session!

Behind the Scenes at Door County Candle

Course #: 12

Presenter: Nic Trapani, Christiana Trapani Coordinator: Nancy Behrendt, 920-323-7267

> E-Mail: cnbehrendt@gmail.com Date: Monday, March 17

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Door County Candle Company

Limit: 15

Visit Door County Candle Company in Carlsville! Explore the history of the business, learn about the candle-making process, and take a guided tour of the facility. You'll also gain insight into the philanthropic initiatives that drive the brand. This experience includes a comprehensive tour and a closer look at how candles are crafted!

HELPFUL HINTS FOR A FULFILLING SEMESTER

Door County Learning In Retirement is a membership-only organization.

Catalogs come out twice each year. An annual membership fee of \$70 paid with Fall registration covers both Fall and Spring terms. Spring-only membership is \$50. Courses are open to members only. Registration remains open and membership can be purchased at any time. Please contact the DCLIR Office for details.

Boost Your Brain and Memory

Course #: 13

Presenter: Sierra Witczak

Coordinator: Mary Koski, 920-493-9345 E-Mail: marykoski25@gmail.com

Date: Thursday, February 6, 13, 20, 27

March 6, 13

Session(s): 6

Time: 10:00 a.m. - 12:00 p.m.

Location: ADRC Limit: 20

Boost Your Brain and Memory is a program developed by Mather Lifeways: Institute on Aging. This program uses a unique, whole-person approach to brain fitness to help you: learn strategies on remembering, paying closer attention, reducing your stress, being more organized, and regulating emotions to reduce your risk of dementia.

Broadway Musicals -The Golden Age (1943-1966)

Course #: 14

Presenter: Robert Worobec

Coordinator: Sally Everhardus, 920-883-8819 E-Mail: sallyeverhardus@yahoo.com

Date: Tuesday, April 29

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Everyone hears the melody when they see the lyric "Oh, what a beautiful morning." Who doesn't? Come and enjoy a journey to Broadway's best musicals, with formative foundations in European operetta, moving through the unique patriotism of George M. Cohan and ragtime, culminating in the only original American theatrical form: Musical Theatre.

Feel the glow as Broadway performer, Robert Worobec, shares insider stories and samples of New York theater's legendary artists: Jerome Kern, Rodgers and Hammerstein, Lerner and Loewe, Cole Porter, Irving Berlin, Gershwin, Mary Martin, Ethel Merman, Julie Andrews, Rex Harrison, and many more. Guaranteed to leave a song in your heart!

Care that Transitions with You & **Advanced Care Planning**

Course #: 15

Presenter: Matt Baumler, Lisa McMahon Coordinator: John Koski, 920-493-9344 E-Mail: sturgeonbay2@gmail.com

Date: Tuesday, April 15

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

This class will cover hospice benefits for the entire family, hospice philosophy, eligibility, guidelines and benefits and the difference between Hospice, Palliative and Acute care. It will also cover the benefits of advance planning, initiating the endof-life care conversation, myths associated with hospice and how to refer a loved one.

Celebrate Your Creative Roots

Course #: 16

Presenter: Jan Cosmos

Coordinator: Renée Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com Date: Tuesday, March 25 April 1, 8

Session(s): 3

Time: 9:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Be inspired, be awed! Our Celebrate Your Creative Roots workshop takes a provocative, deep dive into the BIG HISTORY of your creative roots. Learn about how you are biologically and spiritually connected to a Creative Universe and to the Painters of Chauvet who stroked symbolic art on the walls of a French cave 37,000 years ago. Presented in multi-media format, our human and cosmic story is revealed through the research of experts in astrophysics, archeology, paleontology, genetics, psychology, neuroscience, and Paleolithic art. Come away knowing more about yourself, your gifts, where you came from, and who you're meant to be.

Note: this course has been expanded into three sessions to include time for reflection, discussion, and sharing.

Civilian Response to Active Threat Events

Course #: 17

Presenter: Dan Brinkman,

Assistant Chief of Police,

Sturgeon Bay Police Department

Coordinator: Mike LeClair, 920-901-9955 E-Mail: michaeln.leclair@yahoo.com

Date: Tuesday, March 18

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Since the Columbine High School massacre in 1999 there has been a paradigm shift in how law enforcement and civilians respond to active shooter events. Civilians have taken a more active role in helping to reduce the number of deaths in these events. The class will gain valuable and useful knowledge on how to better survive an active threat should you be caught in the middle of one. The class will learn the physiological changes a body goes through during an event like this and what you can do to combat those changes so you can make a rational decision to better increase your odds of survival. The class will learn AVOID DENY DEFEND (ADD) and what ADD means in an active shooter event.

Coffee 101

Course #: 18

Presenter: Allie DeGuelle

Coordinator: Laurel Wise, 920-743-1764 E-Mail: ljwise5589@gmail.com

Date: Tuesday, March 4

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m. Location: Door County Coffee

Limit: 15

Fee: \$10.00 due at the time of registration. Learn about Door County Coffee and how we roast our coffee beans, including a tour and coffee tasting.

HELPFUL HINTS FOR A FULFILLING SEMESTER

Presenters: Have you a skill or a topic you want to share? Become a DCLIR Presenter. Contact the office or go to nwtc.edu/LIR to obtain a Course Proposal form, complete it and return to the DCLIR Office.

Coffee 101

Course #: 19

Presenter: Allie DeGuelle

Coordinator: Laurel Wise, 920-743-1764 E-Mail: ljwise5589@gmail.com Date: Tuesday, April 8

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m. Location: Door County Coffee

Limit: 15

Fee: \$10.00 due at the time of registration. Learn about Door County Coffee and how we roast our coffee beans, including a tour and coffee tasting.

Container Gardening - Design Fundamentals

Course #: 20

Presenter: Jessica Markham

Coordinator: Mary Koski, 920-493-9345 E-Mail: marykoski25@gmail.com Date: Thursday, March 13

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

It may be too early for planting your annual flowers, but there are tips and tricks to take your potted flowers from basic to stunning. We've all heard of "spiller, filler, and thriller", but there is so much more that goes into designing container planters, such as ideal siting for sunlight exposure, your watering/ maintenance goals, color theory, and picking plants that have the right texture, color, and bloom duration to accentuate your house's architecture and existing landscape. In this demonstration, Jessica Markham, Owner of Anchors Away Garden and Gifts will show you how to create your own container "recipes" and examples of landscapes she's designed with the same approach, but on a larger scale.

Container Gardening - Hands on Workshop

Course #: 21

Presenter: Jessica Markham

Coordinator: Laurel Wise, 920-743-1764 E-Mail: ljwise5589@gmail.com

Date: Monday, May 19

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Anchors Away Garden and Gifts

Limit: 20

Spring is finally here! Bring a pair of gardening gloves and your patio pot of choice and head over to Anchors Away Garden and Gifts, 1655 Vibernum Street, Sturgeon Bay for a hands-on workshop. We will briefly go over design fundamental concepts from the prior session before working one-on-one with students to pick/ design their ideal container planters. The more information you can bring to the workshop, the better-a picture of where your planters go, the sunlight exposure of the location, past deer/ rabbit issues, desired watering level/ maintenance, and color preferences.

**Soil will be provided free of charge to attendees. Attendees are responsible to pay for the price of plants selected during the workshop.

CPR/AED and First Aid

Course #: 22

Presenter: Karen Callahan

Coordinator: Mike Callahan, 815-814-4226 E-Mail: mc.callahan@gmail.com

Date: Wednesday, February 19, 26

Session(s): 2

Time: 9:00 a.m. - 12:30 p.m.

Location: NWTC Limit: 6

Fee: \$35.00 for both sessions,

due at the time of registration.

AHA Certified Heart Saver CPR/ AED adult, child, infant. AHA Certified First Aid Course includes first aid basics, dealing with medical emergencies such as heart attacks, stroke, choking injuries, and environmental emergencies. Upon completion of the course, the member receives an AHA certification card that is good for 2 years.

Fee is \$35.00 and includes manuals, supplies, and certification cards.

CPR/AED and First Aid

Course #: 23

Presenter: Karen Callahan

Coordinator: Mike Callahan, 815-814-4226 E-Mail: mc.callahan@gmail.com Date: Monday, April 7, 14

Session(s): 2

Time: 9:00 a.m. - 12:30 p.m.

Location: NWTC Limit: 6

Fee: \$35.00 for both sessions,

due at the time of registration

AHA Certified Heart Saver CPR/ AED adult, child, infant. AHA Certified First Aid Course includes first aid basics, dealing with medical emergencies such as heart attacks, stroke, choking injuries, and environmental emergencies. Upon completion of the course, the member receives an AHA certification card that is good for 2 years.

Fee is \$35.00 and includes manuals, supplies, and certification cards.

Creating Handmade Cards

Course #: 24

Presenter: Pat Bopray, Diane Leidig

Coordinator: Sally Everhardus, 920-883-8819 E-Mail: sallyeverhardus@yahoo.com

Date: Thursday, May 1

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 10

Fee: \$6.50 due at the time of registration. It's amazing the beautiful cards you can create with just stamps, ink and paper. Our hope is to give you inspiration for making impressive handmade cards. You will make and take at least 4 beautiful cards for a materials fee much less than the cost of store-bought cards. No experience necessary.

Crossroads: Birding with Merlin

Course #: 25

Presenter: Coggin Heeringa

Coordinator: Joe Kopec, 920-866-0215 E-Mail: joekopec@gmail.com

Date: Monday, May 5

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m. Location: Crossroads at Big Creek

Limit: 20

There is more to birding than watching. Bird listening is often more productive during spring migration.... but it tends to be difficult and confusing. But now, the Merlin Sound ID, an app (powered by Cornell University's eBird project) will "listen and record" birdsongs and suggest, in real time, what bird species is singing. This amazing app both alerts birders to the presence of hidden birds and it helps verify the identity of the birds you see and hear. This class begins indoors with simple instructions, but the group will venture outdoors to experience Birding with Merlin. Participants should load the free Merlin app on their cell phones before coming to the class.

Crossroads: Nature and the Arts -**Classical Music**

Course #: 26

Presenter: Coggin Heeringa

Coordinator: Joe Kopec, 920-866-0215 E-Mail: joekopec@gmail.com

Date: Tuesday, May 13

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m. Location: Crossroads at Big Creek

Limit: 20

From Hildgard von Bingen to John Adams, composers have been inspired by nature. Edvard Grieg wrote: "Face to face with nature, I stood in silent reverence and awe..." Certainly, I love science's urge to clarify. But the mystical attracts me, nonetheless. In this class, we will listen to selections in which composers portray the mystical aspects of nature, and then, give into the "scientists' urge to clarify."

HELPFUL HINTS FOR A **FULFILLING SEMESTER**

Registration Confirmation of classes is by email.

Crossroads: Nature and the Arts -**Musical Theater**

Course #: 27

Presenter: Coggin Heeringa

Coordinator: Joe Kopec, 920-866-0215 E-Mail: joekopec@gmail.com Date: Wednesday, February 12

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m. Location: Crossroads at Big Creek

Limit: 60

In countless musicals, composers and lyricists have used elements of nature as metaphors, creating some of the most memorable show tunes. This class will listen to selected musical numbers. learn a bit of plotline or backstories, and then discuss the natural history of selected stanzas.

Crossroads: Nature and the Arts-Paintings

Course #: 28

Presenter: Coggin Heeringa

Coordinator: Joe Kopec, 920-866-0215 E-Mail: joekopec@gmail.com

Date: Tuesday, February 25

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m. Location: Crossroads at Big Creek

Limit: 20

Georgia O'Keefe allegedly wrote "I hate flowers-I paint them because they are cheaper than models and they don't move." But in later writings, she admitted that she painted nature so people would "really see it". Through the centuries, many artists have painted nature, and those paintings have inspired us to look at nature more closely. This class will focus on selected paintings in the hopes of inspiring us to be more observant of the natural world.

Cybersecurity: Reducing Personal Information on the Internet

Course #: 29

Presenter: Chad Mielke

Coordinator: Mike LeClair, 920-901-9955 E-Mail: michaeln.leclair@yahoo.com

Date: Tuesday, May 6

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

Chad Mielke, Digital Forensic Investigator for the Sturgeon Bay Police Department, will share information on how to protect yourself while online, avoid scams and how to reduce your electronic footprint.

Death Investigation - Interesting Cases

Course #: 30

Presenter: John Larson

Coordinator: Tammie Grossman, 708-380-2276 E-Mail: tammie.grossman@icloud.com

Date: Thursday, March 20

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Death Investigation-Interesting Cases is a discussion class, bring your curiosity. Kunz Family Homicides. Five family members murdered in their home. Incest, money, acquittal but not the end. Dairy Princess Murder. The pharmacist, his wife, Monster Hall and murder cases you are curious about????

Dementia 101

Course #: 31

Presenter: Sierra Witczak

Coordinator: Joanne Scaggs, 909-319-3540

Wayne Scaggs, 626-688-6512

E-Mail: joanne.scaggs@gmail.com

wayne@wscagqs.com

Date: Wednesday, February 19

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: ADRC Limit: 24

Dementia 101 will provide education on dementia and the different forms of dementia. This course will discuss the warning signs, normal signs of aging, early detection, and risk factors associated with dementia. Participants are encouraged to ask questions and will learn about the resources available for those affected by the disease and their caregivers.

Dementia 201

Course #: 32

Presenter: Sierra Witczak

Coordinator: Jeanne Pfaff, 815-509-7355 E-Mail: jeanneann7@icloud.com Date: Thursday, March 20

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: ADRC Limit: 24

Dementia 201 covers how the brain is impacted when someone has dementia. We will discuss the behaviors and challenges that those with the disease may struggle with. This class will discuss strategies on how to handle the challenging behaviors. Participants will learn effective communication skills to use when communicating with those who have dementia.

Dementia Live!

Course #: 33

Presenter: Sierra Witczak

Coordinator: Laurel Wise, 920-743-1764 E-Mail: ljwise5589@gmail.com Date: Wednesday, February 26

Session(s): 1

Time: 10:00 a.m. - 11:00 a.m.

Location: ADRC Limit: 8

Dementia Live® offers a unique inside-out understanding of dementia as well as the aging process. Participants will gain a heightened awareness of the challenges associated with living with dementia and leave with valuable tips and tools to improve communication and connection.

HELPFUL HINTS FOR A FULFILLING SEMESTER

Have you checked your e-mail?

Technology - can't live with it, can't live without it! Our main communication with members is via e-mail. We send out reminders, announcements, class changes or cancellations, special meetings and notices which may happen at the 'last minute'. Please check your e-mail on a regular basis and let us know if your e-mail address has changed. Registration confirmation of classes is by email. Thank you!

Dementia Live!

Course #: 34

Presenter: Sierra Witczak

Coordinator: Laurel Wise, 920-743-1764 E-Mail: ljwise5589@gmail.com

Date: Wednesday, February 26 Session(s): 1

Time: 11:00 a.m. - 12:00 p.m.

Location: ADRC Limit: 8

Dementia Live® offers a unique inside-out understanding of dementia as well as the aging process. Participants will gain a heightened awareness of the challenges associated with living with dementia and leave with valuable tips and tools to improve communication and connection.

DICE Approach - The Art of Caregiving

Course #: 35

Presenter: Sierra Witczak

Coordinator: Joanne Scaggs, 909-319-3540

Wayne Scaggs, 626-688-6512

E-Mail: Joanne.scaggs@gmail.com

wayne@wscaggs.com Date: Thursday, April 10

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: ADRC Limit: 20

Join the ADRC's Dementia Care Specialist, Sierra Witczak, and learn the steps for using DICE Approach. The DICE Approach is an evidenced base approach. Describe/Investigate/Create/Evaluate. If you are providing care for a person with dementia and feel frustrated or overwhelmed, the DICE Approach™ may be able to provide you with useful strategies for managing daily life. The DICE Approach™ is a tool that caregivers can use to understand and respond to the variety of situations that occur when providing daily care to someone with dementia.

Dillon's Law 2.0

Course #: 36

Presenter: Angel Mueller

Coordinator: Don Guth, 920-255-3174 E-Mail: donguth@icloud.com

Date: Tuesday, April 15

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

The lecture and skills training will enable you to recognize a severe allergic reaction and administer the lifesaving medication epinephrine. When you leave this course, you will be state certified to administer epinephrine and be protected from liability under Wisconsin law. NOTE: there is no test, and you receive a certification card.

Door County Health and Human Services Overview

Course #: 37

Presenter: Joseph Krebsbach, Beth Chisholm Coordinator: Sher Rockway, 630-846-1052

> E-Mail: shrock10@gmail.com Date: Monday, February 17

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

Overview of services offered by Door County Health and Human Services. Presented by Joseph Krebsbach, Director and Beth Chisholm, Deputy Director.

Door County Land Trust: Past, Present and Future

Course #: 38

Presenter: Emily Wood, Executive Director Coordinator: Joe Kopec, 920-866-0215

E-Mail: joekopec@gmail.com Date: Wednesday, March 19

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Door County Land Trust Office

Limit: 25

Since the inception in 1986, the Door County Land Trust (DCLT) works to preserve, maintain, and enhance lands and waters that contribute significantly to the scenic beauty, open space, and ecological integrity of Door County. We have worked with various members of the community to protect more than 9,600 acres of forests, wetlands, shoreline, fields, farmlands, and orchards! Join Executive Director, Emily Wood, for a presentation and discussion on the successes of the past couple of years and the work that is yet to be done. Program will be held at the DCLT Sturgeon Bay office.

Door County Land Trust: Ship Canal Walk A.M.

Course #: 39

Presenter: Carl Cochrane

Coordinator: Bill Utley, 920-333-0523 E-Mail: butley2@gmail.com Date: Tuesday, May 20

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m. Location: Sturgeon Bay Ship Canal

Limit: 15

Carl Cochrane, retired biology/ environmental science teacher from Sturgeon Bay High School, knows the Ship Canal Preserve like no one else. Join Carl as he leads a relaxed walking tour of the preserve, pointing out its unique topography, endangered plant and animal species, and the fascinating human history of the largest tract of undeveloped land within the city limits. The hike over uneven terrain, is about 1.5 miles; may be standing for long periods of time.

Door County Land Trust: Ship Canal Walk P.M.

Course #: 40

Presenter: Carl Cochrane

Coordinator: Bill Utley, 920-333-0523 E-Mail: butley2@gmail.com

Date: Tuesday, May 20

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m. Location: Sturgeon Bay Ship Canal

Limit: 15

Carl Cochrane, retired biology/ environmental science teacher from Sturgeon Bay High School, knows the Ship Canal Preserve like no one else. Join Carl as he leads a relaxed walking tour of the preserve, pointing out its unique topography, endangered plant and animal species, and the fascinating human history of the largest tract of undeveloped land within the city limits. The hike over uneven terrain, is about 1.5 miles; may be standing for long periods of time.

Estate Planning 101

Course #: 41

Presenter: Robert A. Ross, Jr.

Coordinator: John Koski, 920-493-9344 E-Mail: sturgeonbay2@gmail.com

Date: Monday, May 5

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Why all the fuss about 'estate planning'? Ever wonder 'what does my estate plan include'? Come obtain expert instruction as to why estate planning is not limited to the rich and famous. With an interactive learning model, gain imperative knowledge about what makes a good estate plan.

Ethical Technology - Eternal You

Course #: 42

Presenter: Mike Callahan

Coordinator: Karen Callahan, 815-793-8276

E-Mail: callahan411@aol.com Date: Wednesday, April 2

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

What if you could remember your loved ones and interact with them as if they were still with us? Excerpts from a recent documentary will highlight what is currently being explored using Artificial Intelligence (AI) to bring our memories to "life".

Family Emergency: Now What Do We Do?

Course #: 43

Presenter: Robert A. Ross, Jr.

Coordinator: Laurel Wise, 920-743-1764

E-Mail: ljwise5589@gmail.com Date: Monday, February 24

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Learn three critical steps you need to take today to navigate the challenging times in which we currently live. Are you prepared if an emergency arises in your family? Let's have a conversation and find out.

HELPFUL HINTS FOR A **FULFILLING SEMESTER**

Note: Please keep in mind that some classes/ tours may require more physical activity than others, i.e., walking over uneven terrain, stairs, standing in one place for an extended period of time, etc. Contact your coordinator or the office

if you have any questions.

For the Love of All Things Recorders

Course #: 44

Presenter: Paula Eggert

Coordinator: Pat Bopray, 920-621-6635 E-Mail: pathar6635@live.com Date: Tuesday, April 22

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Recorders are more than a young person's instrument. Centuries ago, it was part of the popular music of the day and an important part of local entertainment and dance bands. This local recorder troupe, Recorders on The Door, will share their choices of music they love, chosen from centuries of popular music. We'd love to have you join us for a morning of lovely music.

Fred Erskine, WWI Veteran and Jacksonport's Photographer

Course #: 45

Presenter: Marilyn Hein

Coordinator: Chip Manthey, 920-819-0234 E-Mail: chippic 2000@yahoo.com

Date: Tuesday, March 25

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

Marilyn's grandfather, Fred Erskine, lived his entire life, 96 years, as a resident of Jacksonport. At age 20, he built a camera and began to photograph life in the early 1900s in Door County. During WWI, while he was stationed in France, he took many pictures, which he developed and printed in his tent. He also photographed his time in Germany during the Army of Occupation. When Fred died, Marilyn inherited the photos. Instead of keeping them in a box, where no one would see them, she was inspired to share them by writing Fred Erskine, WWI Veteran, Honoring my Grandfather and his WWI Photographs. The book brings to life the untold stories of soldiers who sacrificed for our freedom on the battlefields of Western Europe from June 1917 to November 11, 1918. Through this PowerPoint presentation of the book, we remember their sacrifice for our freedom.

Fun With Pastels

Course #: 46

Presenter: Lynn Gilchrist, Liz Maltman Coordinator: Phoebe Howard, 510-326-0095

E-Mail: Phoebefrog2@gmail.com Date: Thursday, February 6

Session(s): 2

Time: 10:00 a.m. - 12:00 p.m.

1:00 p.m - 3:00 p.m.

Location: NWTC Limit: 15

Fee: \$30.00 for pastel set, papers,

drawing board.

This is an all-day class. All levels.

Morning: Introduction to pastels. Demo. Group and individual "warm-up and get comfortable" exercises. Individual and group still life paintings. Afternoon: Individual and group paintings continue and develop. You'll be amazed and have fun! Self-portraits. Group Portrait.

You may want to bring a lunch.

Garden Totems

Course #: 47

Presenter: Bethany Kirwen, Miriam Malenius

Coordinator: Hein Moritz, 865-292-8675

E-Mail: Hein@moritz.org Date: Thursday, April 17

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 12

Fee: \$18.00 due at the time of registration. In this class you will create a garden totem with PVC pipe as the base. A variety of materials, i.e. duct tape, electrical tape, fabric strips, plastic strips, wire, and beads will be applied to create designs. These are fun to make and will make a colorful addition to your garden.

HELPFUL HINTS FOR A **FULFILLING SEMESTER**

Do you want to register for additional classes?

- Check online member portal.
- You will be able to register for a class if space is available. If the class has been filled you have the option of choosing the Wait List.

Ghost Ports and Shipwrecks of Clay Banks

Course #: 48

Presenter: Doug Weimer

Coordinator: Laurel Wise, 920-743-1764 E-Mail: ljwise5589@gmail.com

Date: Wednesday, February 5

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Doug will take us on a historical tour of some of the earliest Door County lumber Boomtown locations. He will share with us his knowledge of towns, piers and shipwrecks that have disappeared.

Google Apps

Course #: 49

Presenter: Mary Koski, Betsy Koski Coordinator: Mary Koski, 920-493-9345 E-Mail: marykoski25@gmail.com Date: Thursday, March 27

April 3

Session(s): 2

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 15

Let's spend two afternoons looking at the free apps in Google. We will explore photos, translate, travel, maps, earth, arts and culture, shopping, news, calendar, finance, and more. We will briefly touch on Google Classroom; in case you have family members in school. There is no need to download these apps. They are built into Google. Please bring a laptop, tablet, or phone to class.

Google Docs and Drive

Course #: 50

Presenter: Mary Koski, Betsy Koski Coordinator: Mary Koski, 920-493-9345 E-Mail: marykoski25@gmail.com Date: Monday, April 21, 28

Session(s): 2

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 15

Join us to learn the basics of Google Docs, a free program used for word processing. We will review formatting tools, editing tools, and templates. We will use the share function of Google, one of the most useful ways to allow others to view, comment, or edit documents. We will also learn how to insert photos and links from the internet and organize the files you have created on the Drive-think Hard drive, but in the cloud. Please bring a laptop or tablet to class.

Hardanger

Course #: 51

Presenter: Lana Ferry

Coordinator: Laure Zenefski, 920-743-4333

E-Mail: laureze@hotmail.com

Date: Monday, March 10, 17, 24, 31

April 7, 14

Session(s): 6

Time: 12:30 p.m. - 2:30 p.m.

Location: ADRC Limit: 15

> Fee: \$10 for a hardanger kit, payable at the first class. (No fee if you have the kit)

Come learn the art of a heritage Norwegian stitchery called Hardanger (har-dung-er), a beautiful, decorative embroidery. This is a form of counted thread cutwork that combines satin stitch, buttonhole stitch, drawn work and needle weaving. This makes an intricate and fascinating needlework project. Both new and returning students are welcome! Some students are "hooked" and love this creative embroidery. Please bring your sewing magnifier light and embroidery scissors if you have them. The \$10.00 fee is to cover the cost of the kit. If you already have the kit, no fee is necessary.

The Heins Creek Story

Course #: 52

Presenter: Marilyn Hein

Coordinator: Brenda Lange, 920-495-7903

E-Mail: blange512@gmail.com Date: Thursday, April 24

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

This PowerPoint presentation is based on Marilyn's book, The Heins Creek Story. The unfolding story gives a glimpse into how everything that happened in the past affects how we live in the present. The story is all about the relationships between the land, water, air, and all living things, from the first inhabitants to the people who now live in or visit Door County. As Marilyn takes you along the trail, through the sand dunes, into the forest, and to the creek, you will see how everything is connected and flows together in the ever-changing story being told by Heins Creek, The Door County peninsula, and the Great Lakes. Marilyn invites you to come with the question, "Where does the water come from before it flows into Heins Creek?"

Holocaust: Millie's Story Revisited

Course #: 53

Presenter: Marcia-Kritzler-Egeland Coordinator: Bill Utley, 920-333-0523 E-Mail: butley2@gmail.com

Date: Monday, May 12

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Marcia will tell the story of her mother, Mildred Straahs-Kritzler, beginning with her permanent separation from her parents at age 9, and her rescue by the American Quakers resulting in her arrival in the United States in 1941 at age 12. Marcia's presentation includes detailed facts of her mother's escape as well as information about the fate of her parents and the escape of her brother Walter from the death camps.

How Technology Has Impacted Our Lives

Course #: 54

Presenter: John Koski

Coordinator: Chip Manthey, 920-819-0234 E-Mail: chippic_2000@yahoo.com

Date: Tuesday, February 11

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Those of us privileged to call ourselves senior citizens are a generation that has been impacted by technology more than any previous generation. Our journey begins, arbitrarily, about 75 years ago – 1949, when aerosol paint and crash test dummies were invented. In this presentation, we will travel through the years, stopping along the way to talk about how technology has impacted our lives in positive, negative, and humorous ways. The presenter will provide personal anecdotes and participants are invited to share their own experiences. This presentation is designed to be fun, interactive, and nostalgic.

How Well do You Know Door County?

Course #: 55

Presenter: John Koski

Coordinator: Mary Koski, 920-493-9345 E-Mail: marykoski25@gmail.com Date: Tuesday, February 25

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Join us for a fun, entertaining, interactive and educational look at the county we call home. This presentation will test your knowledge of Door County history, industries, agriculture, parks, lighthouses, shipbuilding and more. If you are up to the challenge, come along for a light-hearted, no-pressure-yet definitely educational-presentation. You'll be glad you did!

Introduction to Ancestry

Course #: 56

Presenter: Gregory Dietz

Coordinator: Mary Koski, 920-493-9345 E-Mail: marykoski25@gmail.com

Date: Monday, May 12

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC-SC114

Limit: 20

This course will demonstrate getting started on Ancestry to build a family tree. The instructor has several family trees, with his immediate family tree having over 51,000 people.

Is an Electric Car Right for You?

Course #: 57

Presenter: Guy Fortin

Coordinator: Bill Utley, 920-333-0523 E-Mail: butley2@gmail.com Date: Monday, May 19

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Meet at the

Door County Coffee parking lot

Limit: 12

Is there an E.V. (Electric Vehicle) in your future? The odds are getting better that your next vehicle, new or used, will be electrically powered, in some way or another. If so, what are the pros and cons in your decision to purchase an E.V.?

We will discuss the initial cost, maintenance cost, repair cost, and government rebates. These topics and many others will be addressed in the presentation. As a bonus after class, if time permits, you will have an opportunity to drive an E.V. if interested.

Jacksonport History Through Erskine Family Stories

Course #: 58

Presenter: Marilyn Hein

Coordinator: Laurel Wise, 920-743-1764 E-Mail: ljwise5589@gmail.com Date: Wednesday, May 14

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

This presentation is about gratitude for all the people who came before us and settled in this area, which was a wilderness in the 1800s. I begin with my grandparents, Fred and Gertrude Erskine, because their family story is woven into early Jacksonport history and recorded by my grandfather's photographs. I continue with a review of what was happening in the United States at the time and how it affected their lives. The ongoing family stories take you through the growth of a thriving lumber and fishing town, the decline when the lumbering boom ended, the Great Depression, and the transformation of Jacksonport into a quiet place for families to spend their vacations. Through remembering, I honor the legacy handed to us by the early settlers integrity, wisdom, compassion, and working together.

Joint Pain

Course #: 59

Presenter: Dr. Daniel Tomaszewski

Coordinator: John Swanson, 920-450-4056

E-Mail: swanpiper@yahoo.com Date: Wednesday, February 19

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 25

Dr. Tomaszewski, DCMC Orthopedic Surgeon, will discuss, in an open forum format, the symptoms, causes and treatment options of joint pain. Participants are encouraged to ask questions during the presentation.

Kayaking - An Introduction

Course #: 60

Presenter: Justin Pahnturat

Coordinator: Joe Kopec, 920-866-0215

E-Mail: joekopec@gmail.com Date: Wednesday, May 7

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 20

Everything an aspiring kayaker should know about kayaking in northern Door County and sea kayaking on the Great Lakes. Justin will introduce you to the ABCs: a basic overview with video of actual kayakers, safety gear, selecting a kayak (rent, buy, join a group or tour) and answers to questions about getting started. He will show you a kayak and paddles as well as safety equipment and clothing.

Law and Psychology: An Overview of the Field of Forensic Psychology

Course #: 61

Presenter: Sara K. Stampp

Coordinator: John Larson, 715-446-2658

E-Mail: jmlpack@yahoo.com Date: Monday, April 7, 14

Session(s): 2

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 18

The course will explore some of the many ways psychologists are asked to participate in our legal proceedings. A particular focus will be on three areas: jury selection; concepts of competency and insanity; and family issues including divorce, child custody, and children's testimony.

Law and Psychology, Part 2: Further Exploration of the Field of Forensic Psychology

Course #: 62

Presenter: Sara K. Stampp

Coordinator: John Larson, 715-446-2658

E-Mail: jmlpack@yahoo.com Date: Monday, May 5, 12

Session(s): 2

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 18

The course will further explore some of the many ways psychologists are asked to participate in our legal proceedings. The focus will be on three areas: criminal profiling and psychological autopsies; interrogations and confessions; and eyewitness identification and testimony.

HELPFUL HINTS FOR A **FULFILLING SEMESTER**

Please register only for the classes you plan to attend.

Lighthouses of Door County

Course #: 63

Presenter: Andrea Stromeyer

Coordinator: Nancy Behrendt, 920-323-7267

E-Mail: cnbehrendt@gmail.com

Date: Thursday, May 8

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

An engaging and educational tour of the lighthouses of the Door Peninsula done by the Door County Maritime Museum's Education Coordinator, Andrea Stromeyer.

Macramé Plant Hangers

Course #: 64

Presenter: Joslyn Villalpando

Coordinator: Nancy Behrendt, 920-323-7267

E-Mail: cnbehrendt@gmail.com Date: Tuesday, March 11

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m. Location: Woodwalk Gallery

Limit: 12

Fee: \$ 15.00 due at the time of registration.

We'll use a beautiful cream-colored cotton cord and an assortment of wood beads to create a macramé plant hanger. Joslyn will show you three types of knots, and you'll use a combination of knots to create your own unique piece. You will leave with a finished, ready to hang plant hanger.

Making Opera:

Staging Verdi's La Forza del Destino

Course #: 65

Presenter: Steve Allen

Coordinator: Renée Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com Date: Wednesday, April 2, 9, 16

Session(s): 3

Time: 10:00 a.m. - 12:00 p.m. Location: MUSE Sturgeon Bay

Limit: 30

Discover how an opera is prepared from start to finish, with the use of film footage on DVD of rehearsal material of one of the most challenging operas to present. La Forza del Destino (The Force of Destiny) requires our temporary suspension of disbelief since the plot is so very convoluted. No matter; it's a tragedy with absolutely sublime melodies!

First, we will go behind the scenes to learn exactly what's involved in presenting an opera from stagecraft to lighting to costumes to music. Then we'll watch the finished product and discuss act by act this whirlwind story that has won Verdi great accolades for over a century. This program is presented by MUSE, the new music education and performance venue in downtown Sturgeon Bay.

Mary Oliver: America's Most Beloved Poet

Course #: 66

Presenter: Mike Murphy, Cheryl Murphy, Harpist Coordinator: Suzanne Holvenstot, 920-743-1089

> E-Mail: suzscott7@icloud.com Date: Thursday, April 17

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

Mary Oliver's poems focus on the beauty of nature around us and the need for us to appreciate the simple joys of our existence. The fact that her poems are emotionally touching, philosophically insightful, and easy to understand accounts for her incredible popularity: her books have sold millions of copies and won numerous awards including a Pulitzer Prize and the National Book Award. Harp music will accompany the reading of some of the poems.

Mexican Train Dominoes

Course #: 67

Presenter: John Stevenson

Coordinator: Phoebe Howard, 510-326-0095

E-Mail: Phoebefrog2@gmail.com

Date: Tuesday, March 4

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 25

A dominoes game for all ages, with great socialization value. The presentation will include rules and playing strategies. Attendees should bring their own Mexican Train dominoes sets, if they have them, as time will be provided for supervised games.

HELPFUL HINTS FOR A **FULFILLING SEMESTER**

Please note: All off-site locations are stated as mailing addresses and linked to GPS, as such.

Modern Dairy Farm Tour

Course #: 68

Presenter: Richard Olson

Coordinator: John Koski, 920-493-9344 E-Mail: sturgeonbay2@gmail.com

Date: Thursday, April 10

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m. Location: Olson Family Farms

Limit: 20

We will have a tour of our robotic milking facility and a chance to see how our animals are raised, fed, and cared for.

MUSE Sturgeon Bay, Inc.: A Small-Town Music School with a Big Community Impact

Course #: 69

Presenter: Kaira Rouer, David Utzinger

Coordinator: Renée Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com Date: Tuesday, March 18

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m. Location: MUSE Sturgeon Bay

Limit: 30

Join us for an immersive experience at MUSE, where you'll explore the future of music education and performance in Door County. This course includes a guided tour of our facilities, an interactive performance with the talented Door County Northwinds, a flute and clarinet chamber ensemble, and a presentation of the exciting programs and opportunities that MUSE will offer. Engage with the musicians, learn about the compositions, and discover how MUSE is shaping the musical landscape of our community.

MUSE Sturgeon Bay, Inc.: A Small-Town Music School with a Big Community Impact

Course #: 70

Presenter: Kaira Rouer, David Utzinger

Coordinator: Renée Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com Date: Tuesday, March 25

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m. Location: MUSE Sturgeon Bay

Limit: 30

Join us for an immersive experience at MUSE, where you'll explore the future of music education and performance in Door County. This course includes a guided tour of our facilities, an interactive performance with the talented Door County Northwinds, a flute and clarinet chamber ensemble, and a presentation of the exciting programs and opportunities that MUSE will offer. Engage with the musicians, learn about the compositions, and discover how MUSE is shaping the musical landscape of our community.

Nasty Men of Opera: Tosca's Scarpia

Course #: 71

Presenter: Steve Allen

Coordinator: Renée Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com Date: Wednesday, February 26

March 5, 12

Session(s): 3

Time: 10:00 a.m. - 12:00 p.m. Location: MUSE Sturgeon Bay

Limit: 30

The mere mention of opera conjures up visions of soprano sounds emanating from colorfully clad divas piercing the air. For the non-lovers of the genre, this can be challenging to the ear and overall patience of the listener.

But there are other characters that have graced the stage of many an opera over the last hundred years or more. These are the men with powerful baritone or bass voices that aren't so lovable.

This program by MUSE, the new music education and performance venue in downtown Sturgeon Bay, presents a glimpse of the sometimes more angry male component of the opera company.

Watching DVD sequences from performances spanning from 1953 to the present day, class participants will experience and then compare and contrast a variety of theatrical approaches to this mean dude, cast first as a noble baron, and in later modern renditions as a chief of police. Discussion and refreshments will conclude the sessions. Sensitive content: tissues will be provided.

The Night it Rained Fire -**Kewaunee County and the Great Fire**

Course #: 72

Presenter: Virginia Feld Johnson

Coordinator: Nancy Behrendt, 920-323-7267

E-Mail: cnbehrendt@gmail.com Date: Monday, March 24

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

It has been 150 years since the Peshtigo Fire devastated the northeastern part of Wisconsin, burning 1.2 million acres. Countless counties, including Kewaunee and Door, were also affected. It was believed Kewaunee County would never rise from the ashes. But, as it was, many came to feel that Kewaunee County's greatest tragedy was a blessing in disguise. When the fields were cleared, the ashes became fertilizer, and new homes were built better than the old. Good qualities of fellow citizens came forward, and life changed. Join local historian, Virginia Feld Johnson, for a discussion of her latest book, "When the Night Rained Fire."

Orchid Research for Restoration at The Ridges Sanctuary

Course #: 73

Presenter: Tony Kiszonas

Coordinator: Tammie Grossman, 708-380-2276 E-Mail: tammie.grossman@icloud.com

Date: Thursday, March 6

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 20

The Ridges Sanctuary has tremendous plant diversity including native terrestrial orchids. Following the idea that "lack of knowledge is as big a threat as any to sensitive species" (Brzeskiewicz 2000), The Ridges Sanctuary has the current research goal of developing institutionalized processes and protocols for the preservation and protection of native plant species. Because of our organization's deep-rooted relationship with orchids, it was determined that orchid research and recovery would be the priority of our endeavors.

This program will offer a brief summary of orchid biology and an overview of the research for restoration processes which we are currently working on, including an orchid inventory, trying to understand specific environmental conditions for orchid growth and reproduction, asymbiotic germination techniques, shade house orchid growth and determining the best possible restoration locations in our Hidden Brook living laboratory area and beyond.

Paper Basket Weaving

Course #: 74

Presenter: Megan Dietz

Coordinator: Mary Koski, 920-493-9345 E-Mail: marykoski25@gmail.com Date: Friday, March 7, 14, 21

Session(s): 3

Time: 9:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 8

Fee: \$25 fee due at the time of your

registration to guarantee your

seat in the class.

Learn to weave a basket from beautifully painted paper. In the first session you will be painting your paper using a variety of acrylic paints. The other two sessions will be devoted to weaving the paper into a cat-head style basket that is a perfect size to use on a table or as a candy dish or to hold artificial flowers. No prior weaving experience is necessary; all necessary materials are provided. Baskets can be decorated with beads (not provided.) Contact presenter at bayshorebaskets@yahoo.com prior to class for information on bead sizes and quantities, which will be discussed during the first class.

NOTE: YOU MUST BE PRESENT AT THE FIRST CLASS IF YOU WISH TO CONTINUE.

First class: Wear old clothes. Bring stamps, sponges, or special brushes if you like; paint and basic brushes will be provided. You will be painting your own paper for your basket, and it can get messy!

Second and third classes: bring a pencil, ruler, or tape measure (measure up to 6 inches), and sharp scissors for paper. Paper, floss, and other tools will be provided.

Paper Basket Weaving-Advanced

Course #: 75

Presenter: Megan Dietz

Coordinator: Jeanne Pfaff, 815-509-7355 E-Mail: jeanneann7@icloud.com Date: Friday, April 4, 11, 18

Session(s): 3

Time: 9:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 8

Fee: \$25 fee due at the time of your

registration to guarantee your

seat in the class.

Expand your paper weaving skills by creating a more advanced basket out of beautifully painted paper. In the first session you will be painting your paper using a variety of acrylic paints. The other two sessions will be devoted to weaving paper into a flat-backed basket with a handle long enough to hang over a doorknob or on a wall. Must have taken Paper Basket Weaving class through LIR previously to take this class. This class is not suitable for new weavers. All necessary materials are provided; however, baskets can be decorated with beads provided by the participant. Contact presenter at bayshorebaskets@yahoo.com prior to the class for information on bead sizes and quantities, which will be discussed during the first class.

NOTE: YOU MUST BE PRESENT AT THE FIRST CLASS IF YOU WISH TO CONTINUE.

First class: Wear old clothes. Bring stamps, sponges, or special brushes if you like; paint and basic brushes will be provided. You will be painting your own paper for your basket, and it can get messy!

Second and third classes: bring a pencil, ruler, or tape measure (measure up to 6 inches), and sharp scissors for paper. Paper, floss, and other tools will be provided. With your \$25.00 fee you will paint enough paper for 2 baskets although we will focus on completing one in class.

HELPFUL HINTS FOR A FULFILLING SEMESTER

Inclement Weather?

When NWTC, Sturgeon Bay classes are canceled due to inclement weather, DCLIR classes will also be canceled. Watch or listen for school closings on your local TV or radio stations or check NWTC's website at nwtc.edu.

Peninsular Ag Research Station

Course #: 76

Presenter: Rebecca Wiepz

Coordinator: Mary Moster, 312-305-1390

E-Mail: mary@lcw1.com Date: Wednesday, May 14

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Peninsular Ag Research Station

Limit: 20

What is Agricultural Research? Join Superintendent Becky for a brief tour of UW Madison's Peninsular Agricultural Research Station on Hwy 42 in Sturgeon Bay. Participants will learn more about the work being done at the station followed by a tractor tour and a discussion of what springtime management looks like in apples, cherries, hazelnuts, and more!

Plaited Baskets

Course #: 77

Presenter: Sally Everhardus

Coordinator: Pat Bopray, 920-621-6635

E-Mail: pathar6635@live.com Date: Wednesday, April 30

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 8

We will use the widely available and inexpensive medium of paper to learn this weave to fabricate a basket. Originally used in northern European countries with birchbark, the technique can be adapted to a variety of materials to utilize this sturdy weave.

Participants will be given hands-on instruction, material to make a simple basket, and a pattern to follow in class and for future projects. And ideas for non-traditional materials...

Once you get your head around it and your fingers warmed up, it's really fun!

Polymer Clay: Endless Possibilities

Course #: 78

Presenter: Pat Bopray

Coordinator: Sally Everhardus, 920-883-8819 E-Mail: sallyeverhardus@yahoo.com Date: Thursday, February 13, 20, 27

Session(s): 3

Time: 1:00 p.m. - 3:30 p.m.

Location: NWTC Limit: 6

> Fee: \$10 fee due at the time of your registration to guarantee your

> > seat in the class.

Always wanted to try poly clay but didn't know where to begin? Learn the basics about working with this endlessly flexible medium. During the first session you will learn to blend colors using cubes of polymer clay to make the building blocks for session two. The following week you will fabricate your work into a decorative sheet of clay to make a switch plate, a small bowl, plant stick, buttons, lapel pin or pencil holder. All participants will leave with a finished piece and the confidence to pursue future projects in polymer clay.

Post Offices of the Peninsula

Course #: 79

Presenter: Virginia Feld Johnson Coordinator: Don Guth, 920-255-3174 E-Mail: donguth@icloud.com Date: Tuesday, April 8

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

Casco Pier, Rushford, Royal Creek, Pierce, and more were among the 45 communities deemed important enough to be approved by the U.S. Postal Service as post office sites. The PowerPoint program includes original documents, letters dating back to the 1840's, postmarks, postcards, and history of long forgotten communities.

Presidential Power and the Supreme Court's Immunity Decision

Course #: 80

Presenter: Mike Modl

Coordinator: Sally Everhardus, 920-883-8819 E-Mail: sallyeverhardus@yahoo.com

Date: Thursday, March 20

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

This class will explore Article II of the U.S. Constitution which is the primary source for presidential power. We will look at how presidential power has been exercised throughout U.S. history. We will discuss the Supreme Court's 2024 decision where a majority of the Court found, in certain circumstances, that the President is immune from criminal liability for "official acts". We will examine the scope of that immunity and whether the President can really send Seal Team Six to assassinate a political rival.

Quantum Technology: AI 101, Basics of Artificial Intelligence

Course #: 81

Presenter: Andrew Kleidon

Coordinator: Bev Blietz, 920-839-2362 E-Mail: bevblietz@gmail.com Date: Monday, February 17

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

A course designed to demystify artificial intelligence for attendees, showcasing the capabilities and applications of AI programs such as ChatGPT, Gemini, Copilot, and more. This engaging course offers an introductory overview of Al concepts, technologies, and the impact of AI on various sectors. Participants will have the unique opportunity to experience live demonstrations of AI tools in action, understand their practical uses, and explore the ethical considerations surrounding AI technology. Tailored for those curious about the burgeoning field of AI, the course provides a balanced mix of theoretical knowledge and hands-on experiences, enabling attendees to grasp the potential of AI in enhancing daily life and work processes. Whether you're a novice eager to learn about AI or someone interested in the latest Al advancements, "All About Al" equips you with a foundational understanding and appreciation of artificial intelligence's transformative power.

Quantum Technology: AI 102, Using Artificial Intelligence

Course #: 82

Presenter: Andrew Kleidon

Coordinator: Bev Blietz, 920-839-2362 E-Mail: bevblietz@gmail.com

Date: Monday, March 3

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

This advanced course is designed for students seeking to deepen their understanding and application of cutting-edge AI technologies. It delves into the sophisticated capabilities of AI programs such as ChatGPT, Gemini, Copilot, and others, focusing on real-world implementations and advanced techniques. Participants will engage with complex AI concepts, explore advanced use cases, and learn how AI is transforming industries such as finance, healthcare, and manufacturing. The course emphasizes hands-on experiences, offering in-depth live demonstrations of AI tools and strategies for optimizing their use in business and technical environments.

Quantum Technology: Avoiding Scams

Course #: 83

Presenter: Erin Helgeson, Andrew Kleidon

Coordinator: Liz Orlock, 920-559-9235

E-Mail: liz.orlock@gmail.com Date: Monday, March 31

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

This course covers the fundamentals of safe internet usage, focusing on protecting personal information, preventing identity theft, and maintaining device security. Participants will learn about common online threats, including phishing scams, fake download links, and malicious ads. The course also highlights the importance of browser security features, using ad blockers, and recognizing trustworthy websites. Additional topics include best practices for social media safety, secure online shopping, and the use of apps for enhanced privacy. Ideal for anyone looking to navigate the digital world more safely.

Quantum Technology: Email and Password Safety

Course #: 84

Presenter: Erin Helgeson, Andrew Kleidon Coordinator: Sher Rockway, 630-846-1052

> E-Mail: shrock10@gmail.com Date: Thursday, May 15

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

In this course, participants will learn the essentials of managing email accounts securely and creating strong, memorable passwords. The class will cover common pitfalls, such as weak passwords that are easy to remember but highly vulnerable and provide practical strategies for creating secure passwords that enhance protection without sacrificing usability. By the end of the course, attendees will understand how to safeguard their digital identities through effective password practices and email security techniques.

Quantum Technology: Staying Safe Online

Course #: 85

Presenter: Erin Helgeson, Andrew Kleidon Coordinator: Liz Orlock, 920-559-9235

> E-Mail: liz.orlock@gmail.com Date: Wednesday, May 7

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

A vital cybersecurity course designed for retirees eager to navigate the digital world securely. This comprehensive program covers the fundamentals of internet safety, recognizing and avoiding online threats, securing personal information, and ensuring safe communication online. Participants will benefit from expert instruction, interactive learning experiences, and a wealth of resources to protect their devices and personal data. Tailored for beginners, the course offers practical strategies for safe internet usage, including shopping, banking, and using social media, alongside guidance on responding to cybersecurity breaches. Engage with a community of peers to enhance your online safety practices and enjoy the internet with confidence and security.

Regenerative Agriculture in **Action on a Dairy Farm**

Course #: 86

Presenter: The Brey Family

Coordinator: Sally Everhardus, 920-883-8819 E-Mail: sallyeverhardus@yahoo.com

Date: Thursday, April 17

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m. Location: Brey Cycle Farm LLC

Limit: 20

See where milk comes from and how sustainability is behind every decision on this fourth-generation family farm. Learn about modern dairy farming and how milk is sustainably produced, from crops to cows. Meet the cows and calves up close as you learn how they are cared for and grow to become a member of the milking herd. We'll also show you some of the land we use to grow crops to feed our animals and talk about the regenerative practices used. Cycle Farm is part of the Door-Kewaunee Demonstration Farm network and Peninsula Pride Farms. Through these partnerships, we test various innovative practices to help increase organic matter, improve soil health, and reduce soil erosion and nutrient loss.

Regenerative Agriculture in **Action on a Dairy Farm**

Course #: 87

Presenter: The Brey Family

Coordinator: Sally Everhardus, 920-883-8819 E-Mail: sallyeverhardus@yahoo.com

Date: Thursday, May 15

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m. Location: Brey Cycle Farm LLC

Limit: 20

See where milk comes from and how sustainability is behind every decision on this fourth-generation family farm. Learn about modern dairy farming and how milk is sustainably produced, from crops to cows. Meet the cows and calves up close as you learn how they are cared for and grow to become a member of the milking herd. We'll also show you some of the land we use to grow crops to feed our animals and talk about the regenerative practices used. Cycle Farm is part of the Door-Kewaunee Demonstration Farm network and Peninsula Pride Farms. Through these partnerships, we test various innovative practices to help increase organic matter, improve soil health, and reduce soil erosion and nutrient loss.

ROADTRIP!

A Make-believe 12 Month USA Trip at 70°F

Course #: 88

Presenter: Jim Mitsche

Coordinator: Pat Bopray, 920-621-6635 E-Mail: pathar6635@live.com Date: Monday, April 21, 28

Session(s): 2

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Come on along and help guide a one year 10,000mile (virtual) tour where the average daily high temperature is 70°F. We will "stop" at 24 cities, 2 per month, from January to December. Four "touring" options will be available each half month, chosen by class consensus. I will tell my stories for the "stopping" places and hope that others have theirs to share. Let's have fun and dream (or plan) the ultimate USA road trip.

Seed Saving 101 - How to Get Started

Course #: 89

Presenter: Penne Wilson

Coordinator: Mary Moster, 312-305-1390

E-Mail: mary@lcw1.com Date: Tuesday, March 5

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Have you ever wanted to save your garden seeds but didn't know where to begin? Door County Seed Library co-founder Penne Wilson will explain why saving and sharing seeds is essential to sustainable and healthy communities. You'll learn how to ID which seeds to save, when to harvest, methods of saving them with supplies you already have, and how to store the seeds until it's time to plant. Plus, you'll have the opportunity to take home an array of seeds to plant in the spring to start your seed-saving journey at home.

Slow Stitching

Course #: 90

Presenter: Miriam Malenius, Hein Moritz Coordinator: Hein Moritz, 865-292-8675

> E-Mail: Hein@moritz.org Date: Tuesday, May 6, 13

Session(s): 2

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 15

The art of stitching by hand with a needle, thread and fabric has recently acquired a new name: slow stitching. This can be very relaxing and meditative.

In this two-session class, we will view examples from several cultures along with current work from textile artists practicing this art form. After a hands-on review of a few basic stitches. you will make your own slow stitch creation that is personal, useful and beautiful.

A supply list will be sent. Rediscover the pleasure of making with your hands.

Soap Making

Course #: 91

Presenter: Ann Emmerich

Coordinator: Nancy Behrendt, 920-323-7267

E-Mail: cnbehrendt@gmail.com Date: Tuesday, February 18

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 12

Fee: \$10 fee due at the time of your

registration to guarantee your

seat in the class.

Have you ever wanted to learn how to make your own soap or learn the chemistry behind it? Ann has been making soap for years and she, along with her daughter, had a small soap-making business. You will learn the triumphs and pitfalls of soap-making, the chemistry behind turning simple ingredients into bars of gently moisturizing soap and will be given the resource information so you can make soap in your own kitchen. This class will be a demonstration of the process from start to finish. You will be close to the table to observe and then will be able to cut two bars from the loaf of soap Ann made the prior evening to take home with you.

Sourdough Bread Baking

Course #: 92

Presenter: Pat Bopray

Coordinator: Sally Everhardus, 920-883-8819 E-Mail: sallyeverhardus@yahoo.com

Date: Thursday, March 6

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m. Location: NWTC Kitchen

Limit: 6

Fee: \$5 fee due at the time of your registration to guarantee your

seat in the class.

Pat's fascination with all things culinary led her to delve into the world of sourdough bread baking. She will share techniques she has developed in her own kitchen and make suggestions for variations in flavor. The class will feed a sourdough starter, mix and set to rise a loaf of bread, learn techniques for baking in a cast iron pot, and of course we will also sample a freshly baked loaf. Ideas for using excess starter and other recipes will be shared.

Spring/ Summer Fishing Around Door County

Course #: 93

Presenter: Gary Nault

Coordinator: Mike LeClair, 920-901-9955 E-Mail: michaeln.leclair@yahoo.com

Date: Wednesday, March 26

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

Gary Nault is a local fisherman and guide. This course is a discussion of fishing for spring and summer in Door County with a PowerPoint presentation and live instruction. Class will also include areas and times to fish for specific species and segments on new innovations in marine electronics. Gary will also give us a bit of a fishing history lesson as he shows us some of his vintage fishing rods and lures.

HELPFUL HINTS FOR A FULFILLING SEMESTER

DCLIR is a Volunteer Organization.

Make a difference and get involved. To learn about volunteer opportunities, contact any member of the Board of Directors or the Learning in Retirement Office at 920-746-4947.

Spring Photography

Course #: 94

Presenter: Chip Manthey

Coordinator: Chip Manthey, 920-819-0234 E-Mail: chippic 2000@yahoo.com

Date: Tuesday, April 1

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

Explore the operations for digital photography with experienced photographer, Chip Manthey. The class will cover the basics of camera, composition, lighting exposure, and much more. Bring a camera along as we plan to take a drive to a special Door County location to capture gorgeous Spring colors, but that will depend on the weather!

Stepping On

Course #: 95

Presenter: Abby Tesch

Coordinator: Mary Koski, 920-493-9345 E-Mail: marykoski25@gmail.com Date: Wednesday, February 12, 19, 26

March 5, 12, 19, 26

Session(s): 7

Time: 1:00 p.m. - 3:00 p.m.

Location: YMCA Limit: 15

Stepping On is an evidence-based fall prevention program created by the Wisconsin Institute for Healthy Aging (WIHA) and is proven to reduce your risk of falling by 31%. During the 7-week course, participants will hear from guest experts regarding topics like vision, home hazards, and medication. Participants will also learn how to safely and correctly get up from a fall.

HELPFUL HINTS FOR A **FULFILLING SEMESTER**

The DCLIR's office and classroom number is

SC111. Facing the main entrance, we are at the far left (South) of the building. Our entrance is located off the South parking lot, which has a turnaround for drop-offs, as well as handicapped parking spaces. Additional handicapped spaces and parking are in the Front lot.

Strawberry Creek Chinook Salmon Rearing Pond Tour

Course #: 96

Presenter: Logan Sikora

Coordinator: Mike LeClair, 920-901-9955 E-Mail: michaeln.leclair@yahoo.com

Date: Tuesday, May 13

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Strawberry Creek Chinook Facility

Limit: 15

This class will tour the Wisconsin DNR's Strawberry Creek Chinook salmon facility during the spring operations. Strawberry Creek is the DNR's primary egg collection site for Chinook salmon. Over 100,000 small fingerling Chinook are stocked and reared at Strawberry Creek each spring, and then as mature adults these fish return to spawn during the fall. This tour will include an overview of Strawberry Creek, with an emphasis on spring monitoring, rearing, and feeding fish. There will be continuous walking and standing. Meet at the Knights of Columbus parking lot.

Sturgeon Bay Urban History Walking Tour Course #: 97

Presenter: Bob Jorin, Kevin Quinn

Coordinator: Mary Moster, 312-305-1390

E-Mail: mary@lcw1.com Date: Monday, May 12

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Maritime Museum Parking Lot

Limit: 20

Meet up at the Maritime Museum parking lot and walk about three miles on both the East and West sides of Sturgeon Bay while Bob Jorin of the Ice Age Trail Alliance and Kevin Quinn of the Sturgeon Bay Historical Society Foundation provide historical details about Door County's largest community. This leisurely paced tour takes about two hours and highlights some of the origins of the geography and structures, and sometimes thrilling stories about events in our county seat and beyond.

Taking Better Photos is Easier Than You Might Think

Course #: 98

Presenter: John Koski

Coordinator: Phoebe Howard, 510-326-0095

E-Mail: Phoebefrog2@gmail.com

Date: Monday, March 10

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Many of us take photos all the time. It's easy to do because, for most of us, our phones are also cameras. If you are interested in improving the quality of the photos you take, no matter what you take them with, this presentation is for you. The presenter is an award-winning photographer who will discuss basic principles of composition, lighting, angles, close-ups, cropping and more. Learning some of the non-technical basics will enable you to take greater pride in the photos you take.

TAP presents Three Viewings

Course #: 99

Presenter: Jacob Janssen

Coordinator: Gwenn Graboyes, 414-315-4546 E-Mail: Gwenn.graboyes@gmail.com

Date: Friday, May 9

Session(s): 1

Time: 1:00 p.m. - 4:00 p.m. Location: Third Avenue Playworks

Limit: 30

Fee: \$37.05 see note below.

Join Jacob Janssen, the Jackie and Steve Kane Artistic Director of Third Avenue PlayWorks, for a behind-the-scenes look at the creation of TAP's production of Three Viewings by Jeffrey Hatcher. These three darkly funny and touching interrelated short plays take place in and around a funeral parlor in a small Midwestern town. They offer a poignant view on life, love, and what happens after. Sound intriguing, come for the pre-show discussion at 1:00 in TAP's Education Room, and then stay for the matinee starting at 2:00.

Show tickets (discounted) need to be purchased ahead of time through Third Avenue Playworks. Please contact the box office at 920-743-1760. Please identify yourself as a DCLIR participant to get the discount. If you are purchasing online, please use CODE DCLIR25. Discount code will not be active until after January 1, 2025, but you can reserve your spot in the course early and buy the ticket after January 1, 2025.

Therapeutic Yoga for Back, **Neck and Shoulders**

Course #: 100

Presenter: Mary Hilliker

Coordinator: Amy Wagner, 920-540-2224 E-Mail: Amy.wagner2014@outlook.com

Date: Monday, March 24, 31

April 7, 14

Session(s): 4

Time: 1:00 p.m. - 2:00 p.m.

Location: Zoom Limit: 20

Yoga adapted for you can be a helpful practice for anyone who wants to maintain good back, neck and shoulder health or needs to manage tension and pain. In this 4-week series, we explore resting positions to relieve tension and pain, postures for strengthening and stretching the muscles that support the back, neck and shoulders, breathing practices that help relieve muscle tension, and guided relaxation to help reduce tension and pain. You will receive a home practice to work with in between classes. If possible, we will work on the floor, in kneeling and in standing. Postures will be adapted for those who are unable to be on the floor. Have a yoga or exercise mat, blanket or towel, and a chair available.

Therapeutic Yoga for Low Back Health

Course #: 101

Presenter: Mary Hilliker

Coordinator: Jeanne Pfaff, 815-509-7355 E-Mail: jeanneann7@icloud.com

Date: Thursday, February 6, 13, 20, 27

Session(s): 4

Time: 11:00 a.m. - 12:00 p.m.

Location: Zoom Limit: 20

Yoga adapted for you can be a helpful practice for anyone who wants to maintain good low back health or needs to manage low back tension and pain. In this 4-week series, we explore resting positions to relieve low back pain, postures for strengthening and stretching the muscles that support the low back, breathing practices that help relieve muscle tension and strengthen core muscles, and guided relaxation to help reduce tension and pain. You will receive a home practice to work with in between classes. If possible, we will work on the floor, in kneeling and in standing. Postures will be adapted for those who are unable to be on the floor. Have a yoga or exercise mat, blanket or towel, and a chair available.

There is No Business Like Show Business

Course #: 102

Presenter: Jacob Janssen

Coordinator: Gwenn Graboyes, 414-315-4546 E-Mail: Gwenn.graboyes@gmail.com

Date: Wednesday, March 12

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

Have you ever wondered what makes Broadway tick? Have you ever wondered how the business of theatre gets done? Get an in-depth look at the business (or "business-like" elements) of American theatre with Jacob Janssen, the Jackie and Steve Kane Artistic Director of Third Avenue PlayWorks.

Three of Our Favorite Biscotti

Course #: 103

Presenter: Joan Mahoney, Bonnie Connolly Coordinator: Phoebe Howard, 510-326-0095

E-Mail: phoebefrog2@gmail.com Date: Wednesday, February 13

Session(s): 1

Time: 9:00 a.m. - 12:00 p.m.

Location: NWTC Kitchen

Limit: 6

Fee: \$18.00 fee due at the time of your

registration to guarantee your

seat in the class.

Join Joan Mahoney and Bonnie Connolly for a hands-on baking class to make our current favorite biscotti. Coffee, freshly roasted, donated by our local coffee shop, Pinky Promise, will be hot and ready for dunking. You will go home with recipes, tips/techniques, and samples. Please bring a container for take home samples. Please do not register for this class if you have food allergies.

Tour of Cape Townsend Industries (CTI)

Course #: 104

Presenter: Chet Kiedrowski

Coordinator: Mary Bohman, 920-255-2531 E-Mail: mcbohman@hotmail.com Date: Wednesday, April 16

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Cape Townsend Industries, Algoma

Limit: 12

Tour of CTI Hospitality manufacturing plant in Algoma. True craftsmanship providing manufacturing and installation to high end one-of-a-kind destination hotels to thematic designs for multiple sites. CTI is staffed by experienced, reliable, dedicated, craftspeople who live by one edict: make this one the best we've ever done. The next time you walk into a high-end hotel and notice the quality furniture and millwork, it probably came from CTI Hospitality in Algoma.

Please note, tour includes walking, standing and stairs.

Tour of Cape Townsend Industries (CTI)

Course #: 105

Presenter: Chet Kiedrowski

Coordinator: Sally Everhardus, 920-883-8819 E-Mail: sallyeverhardus@yahoo.com

Date: Wednesday, April 16

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Cape Townsend Industries, Algoma

Limit: 12

Tour of CTI Hospitality manufacturing plant in Algoma. True craftsmanship providing manufacturing and installation to high end one-of-a-kind destination hotels to thematic designs for multiple sites. CTI is staffed by experienced, reliable, dedicated, craftspeople who live by one edict: make this one the best we've ever done. The next time you walk into a high-end hotel and notice the quality furniture and millwork, it probably came from CTI Hospitality in Algoma.

Please note, tour includes walking, standing and stairs.

Tour of the Sawmill and Maple Syrup **Processing and Farm Operations** Course #: 106

Presenter: Jamie Henschel, Mike Henschel Coordinator: John Swanson, 920-450-4056

> E-Mail: swanpiper@yahoo.com Date: Wednesday, March 12

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m. Location: Cherryland Dairy Farm/

Henschel Sawmill

Limit: 20

Tour includes the maple woods with sap lines, sap shack with wood-fired evaporator, dairy barn and sawmill operation. Please dress for the weather and wear appropriate walking shoes. If questions, please contact the coordinator.

Tour of the Sturgeon Bay Fire Department

Course #: 107

Presenter: Kalin Montevideo, Fire Chief Coordinator: Mike LeClair, 920-901-9955 E-Mail: michaeln.leclair@yahoo.com

Date: Tuesday, May 6

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Sturgeon Bay Fire Department

Join us at the Sturgeon Bay Fire Department for a tour of the facility and to check out their equipment. Please enter the fire station through the front entrance of City Hall. We will meet in the conference room on the first floor next to the elevator.

Trailblazing Women in Classical Music: From Hidden Voices to the Spotlight

Course #: 108

Presenter: Dr. Allyson Fleck

Coordinator: John Koski, 920-493-9344 E-Mail: sturgeonbay2@gmail.com Date: Tuesday, April 22, 29

Session(s): 2

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

This course delves into the often-overlooked contributions of women in classical music, spanning from the early Baroque period to the modern day. We will explore the lives and works of pioneering female composers, conductors, and performers who challenged societal norms to make their mark in the musical world. Through engaging lectures, multimedia presentations, and group discussions, participants will discover how women like Clara Schumann, Fanny Mendelssohn, Florence Price, and contemporary figures such as Marin Alsop have shaped the classical music landscape. Perfect for those interested in the intersection of music, history, and gender studies, this course offers a comprehensive look at the powerful role women have played in music's evolution.

Trivia 101

Course #: 109

Presenter: Scott Prokash

Coordinator: Don Guth, 920-255-3174 E-Mail: donguth@icloud.com Date: Monday, February 10

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 25

Trivia session hosted by Scott Prokash, a well-known Northeast Wisconsin Trivia host. Scott has held trivia events at many locations in the area. Scott has a huge selection of categories and will gear the questions to our group. This will be a HAPPY CLASS.

Note: this is the same class as 110 and 111.

Please sign up for only one.

Trivia 101

Course #: 110

Presenter: Scott Prokash

Coordinator: Don Guth, 920-255-3174 E-Mail: donguth@icloud.com Date: Tuesday, March 11

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 25

Trivia session hosted by Scott Prokash, a well-known Northeast Wisconsin Trivia host. Scott has held trivia events at many locations in the area. Scott has a huge selection of categories and will gear the questions to our group. This will be a HAPPY CLASS.

Note: this is the same class as 109 and 111.

Please sign up for only one.

Trivia 101

Course #: 111

Presenter: Scott Prokash

Coordinator: Don Guth, 920-255-3174 E-Mail: donguth@icloud.com Date: Wednesday, April 9

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 25

Trivia session hosted by Scott Prokash, a wellknown Northeast Wisconsin Trivia host. Scott has held trivia events at many locations in the area. Scott has a huge selection of categories and will gear the questions to our group. This will be a HAPPY CLASS. Note: this is the same class as 109 and 110. Please sign up for only one.

Wellness in Retirement

Course #: 112

Presenter: Judy Sargent, Ph.D.

Coordinator: Mary Koski, 920-493-9345 E-Mail: marykoski25@gmail.com Date: Monday, March 10, 17, 24, 31

Session(s): 4

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 30

In this series, participants will engage in four sessions focused on healthy lifestyle behaviors during retirement. The sessions are designed to both provide information, while fostering personal reflection on lifestyle wellness habits. Based on current research on the power of healthy behaviors to reduce and prevent symptoms of chronic diseases, four sessions will provide focus for individual contemplation regarding future healthy choices. The sessions include Session 1-Healthy Nutrition; Session 2-Practical Physical Activity; Session 3-Mindfulness for Wellness; and Session 4-Lifestyle Factors for Health and Wellness. The goal is for participants to reflect on their own healthy behaviors and note ideas for positive change in their wellness journey.

What do Trustees Do?

Course #: 113

Presenter: Robert A. Ross, Jr.

Coordinator: John Swanson, 920-450-4056

E-Mail: swanpiper@yahoo.com Date: Monday, March 17

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

Someone has died or became incapacitatedthey have a trust! Let's discuss: What is a trustee? How do you choose a trustee? What are a trustee's responsibilities?

Whodunit

Course #: 114

Presenter: Lynn Kaczmarek

Coordinator: Liz Orlock, 920-559-9235

E-Mail: liz.orlock@gmail.com Date: Thursday, February 13, 27

> March 13, 27 April 10, 24

Session(s): 6

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 15

Wondering what to read next? Join our mystery reading discussion group. Lynn Kaczmarek, retired Managing Editor of the national publication "Mystery News," will lead the group, introducing you to new and not-so-new authors in five subgenres: British, Amateur Sleuth, Warm Country Settings, Books to Movies/ TV, Wild Card. There are over 1500 mysteries published every year. Let us help you find the ones that are just right for you! Come to the first class prepared to talk about your favorite (or most recently read) mystery.

HELPFUL HINTS FOR A FULFILLING SEMESTER

Keep your catalog and confirmation letter or email for future reference! Find course listings, coordinator contact information, times, dates, location, and fees. You may also find the catalog, updates and/or changes to the schedule on our website at nwtc.edu/LIR.

Wienke's Market Tour

Course #: 115

Presenter: Sigrid Slaby, Marit Virgin Coordinator: Andrea Esau, 414-573-4076

> E-Mail: us2.loons@gmail.com Date: Wednesday, April 30

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m. Location: Wienke's Market

Limit: 15

Tour and learn the history behind the Wienke's market, located on County S, 12 miles south of Sturgeon Bay.

Winemaker Tour & Tasting

Course #: 116

Presenter: Eric Gale

Coordinator: Nancy Behrendt, 920-323-7267

E-Mail: cnbehrendt@gmail.com Date: Thursday, April 10

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m. **Location**: Anchored Roots Winery

Limit: 20

Fee: \$15.00 fee due at the time of your

registration to guarantee your

seat in the class.

Guided tour of our winery and production space with our winemaker. Overview of our estate vineyard. Wine tasting (3 wines).

Woodfired Brick Oven Pizza

Course #: 117

Presenter: Tom Gaertner

Coordinator: Jill Gaertner, 414-902-3676

E-Mail: jillottog@gmail.com Date: Thursday, May 8

Session(s): 1

Time: 1:00 p.m. - 5:00 p.m.

Location: Gaertner Home

Limit: 6

Fee: \$5.00 fee due at the time of your registration to guarantee your

seat in the class.

Learn the basics of dough preparation and pizza making and baking in a genuine outdoor brick oven. Participants will eat the results of their efforts. \$5.00 cost for materials includes homemade dough and a selection of pizza toppings. There will not be a gluten free option. Class held rain or shine at the instructors' residence in Brussels.

Woodfired Brick Oven Pizza

Course #: 118

Presenter: Tom Gaertner

Coordinator: Jill Gaertner, 414-902-3676

E-Mail: jillottog@gmail.com Date: Tuesday, May 13

Session(s): 1

Time: 1:00 p.m. - 5:00 p.m. Location: Gaertner Home

Limit: 6

Fee: \$5.00 fee due at the time of your

registration to guarantee your

seat in the class.

Learn the basics of dough preparation and pizza making and baking in a genuine outdoor brick oven. Participants will eat the results of their efforts. \$5.00 cost for materials includes homemade dough and a selection of pizza toppings. There will not be a gluten free option. Class held rain or shine at the instructors' residence in Brussels.

Woodshop 101

Course #: 119

Presenter: Steve Ofenbeck

Coordinator: Ann Emmerich, 920-639-2262

E-Mail: enid3420@gmail.com Date: Tuesday, February 18

Session(s): 1

Time: 1:00 p.m. - 5:00 p.m. Location: Ofenbeck Woodshop

Limit: 4

Fee: \$45.00 fee due at the time of your registration to guarantee your

seat in the class.

Steve will explain what the different machines and tools do, how to operate them, and the safety practices for each. This is a handson class. At the end of the class, you will take home the project you have made.

Woodshop 101

Course #: 120

Presenter: Steve Ofenbeck

Coordinator: Ann Emmerich, 920-639-2262

E-Mail: enid3420@gmail.com Date: Thursday, February 20

Session(s): 1

Time: 1:00 p.m. - 5:00 p.m. Location: Ofenbeck Woodshop

Limit: 4

Fee: \$45.00 fee due at the time of your

registration to guarantee your

seat in the class.

Steve will explain what the different machines and tools do, how to operate them, and the safety practices for each. This is a handson class. At the end of the class, you will take home the project you have made.

Wreath Making

Course #: 121

Presenter: Leann Leonardson

Coordinator: Tammie Grossman, 708-380-2276 E-Mail: tammie.grossman@icloud.com

Date: Wednesday, April 10

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC Limit: 10

> Fee: \$25.00 fee due at the time of your registration to guarantee your

> > seat in the class.

Learn how to make a beautiful wreath using mesh and ribbon. No prior wreath making skills needed, just a desire to have fun and learn a new skill. During this class you will choose a wreath "kit" of coordinated supplies needed for your wreath and I will teach you the process to follow to make your wreath. Each participant will go home with a beautiful 14" wreath to decorate your home or to give as a gift.

Writing Your Own Obituary or That of a Loved One or Friend

Course #: 122

Presenter: John Koski

Coordinator: Laurel Wise, 920-743-1764 E-Mail: ljwise5589@gmail.com Date: Wednesday, February 12

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Limit: 30

For most of us, an obituary is inevitable. What it says and how it appears in print will be out of your control when we have breathed our last breath-unless we have prepared something or left instructions beforehand. Some obituaries are succinct, others lengthy. Some are first-person, others are written by committee. Some will bring a tear to your eye; others will make you laugh. Some are a combination of many emotions. This presentation will look at various types of obituaries and cover some of the important details to include. It will encourage and assist you in finding a style that fits your personality and desires.

HELPFUL HINTS FOR A FULFILLING SEMESTER

Class Fee

Class fees (for materials, admission to tours, etc.) are due with registration. Fees collected cannot be refunded unless a replacement is confirmed to fill the seat. Please note that the fees collected will have already been forwarded to the presenter or venue to use in preparing for the class.

Please notify the class coordinator as soon as possible if you cannot attend. It often takes the coordinator more than a week to find a replacement. No refunds are guaranteed.

DOOR COUNTY LEARNING IN RETIREMENT REGISTRATION AND WORKSHEET

Spring 2025 Registration Begins January 8 at 9am and remains open throughout the term

SPRING MEMBERSHIP FEE IS \$50.00 IF REGISTERING IN PERSON OR BY MAIL MAKE CHECK PAYABLE TO "DCLIR"

Register online or complete one form per person. (Form can be downloaded at nwtc.edu/LIR and mailed or emailed to the office)

- > Mail to: NWTC-DCLIR, 229 North 14th Avenue., Sturgeon Bay WI 54235
- > Mail/Drop off at the DCLIR office at NWTC. Registration assistance by appointment.
- > Contact DCLIR Office: 920-746-4947 Email: dclir@nwtc.edu
- > Assignment of courses will be first-come, first served.

 Registration is computerized and is determined by date and time of registration.

Name	
Mailing Address	
City/State/ZIP	
Phone(s)	Email

	Course #	Course Title		Course #	Course Title
1st			6th		
2nd			7th		
3rd			8th		
4th			9th		
5th			10th		

I understand I can attend **only** the courses for which I **have received written confirmation**.



LEARNING IN RETIREMENT P O Box 19042 2740 West Mason Street Green Bay, WI 54307-9042

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A GREAT IDEA FOR A CLASS WOULD BE...

Do you know a presenter for this class? \square Yes \square No	
Phone/E-mail for Presenter:	
would be willing to contact them about this. \square	
would be willing to research this idea to see who could do it. $\ \square$	
our Name:	
(our Phone / Email:	

Please return this to the DCLIR office

Door County Learning in Retirement • 920-746-4947 • dclir@nwtc.edu NWTC-Sturgeon Bay Campus, 229 N. 14th Avenue, Sturgeon Bay, WI 54235

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