

# What's Your "Self-Paced" Learner Profile?

**Directions:** Select the option (Column A or Column B) that best describes you and your study habits. This will help you recognize your personal work habits and perhaps identify areas that you may need to focus on to be a successful self-paced learner. When done, you will be asked to record the results as noted at the bottom of this page.

Column A			Column B	
I regularly have 6 hours per week to spend on this course.	<input type="checkbox"/>	OR	I sometimes have 6 hours per week to spend, but many times I do not.	<input type="checkbox"/>
I am a good reader and I enjoy learning by reading.	<input type="checkbox"/>	OR	I'm an OK reader, but I prefer to have an instructor present the materials.	<input type="checkbox"/>
I enjoy working independently and seldom need reassurance that I am doing work correctly.	<input type="checkbox"/>	OR	I can work independently in some situations, but I prefer having someone to check with regularly.	<input type="checkbox"/>
I have specific days/times available to work on my self-paced course.	<input type="checkbox"/>	OR	I plan to schedule my self-paced course work around my other activities.	<input type="checkbox"/>
I can budget my time well and prioritize activities efficiently.	<input type="checkbox"/>	OR	I work better when someone tells me what to do and gives me due dates.	<input type="checkbox"/>
I am willing to take responsibility for getting whatever help I may need with this course by contacting the instructor in the lab.	<input type="checkbox"/>	OR	I would not feel comfortable contacting the instructor for help.	<input type="checkbox"/>
I am a patient person, a reasonable problem-solver, and do not become easily frustrated.	<input type="checkbox"/>	OR	It is helpful to have classmates covering the same material at the same time because we can learn from each other.	<input type="checkbox"/>
I realize that course requirements and completion dates are there for good reasons, and I feel I can structure my time effectively to meet them.	<input type="checkbox"/>	OR	I know that course requirements and completion dates are there for good reasons, but I feel that exceptions should be made if I allow myself to get behind on my work.	<input type="checkbox"/>
I enjoy progressing at my own pace.	<input type="checkbox"/>	OR	I prefer instructor explanations and demonstrations to preview and/or clarify textbook activities.	<input type="checkbox"/>

If you selected

- 8 items or more from Column A, you are well prepared for self-paced learning.
- 6-7 items from Column A, you may wish to determine what habits you may need to change to assist you in successfully completing a self-paced class.
- 5 or fewer items from Column A, you may wish to consider enrolling in a traditional structured course if available, or setting up a weekly schedule for working in the Self-Paced lab. An instructor in the Self-Paced Lab (Room BI 209) can help you determine the availability of structured course offerings or provide you with weekly schedule forms.